

Information for making Mastectomy Comfort Cushions.

Template

Make a card template of half a cushion to draw round on the fabric. Depending on the fabric

1. on single fabric, draw round the half and then flip over to complete the shape or
2. Place it on the fold if the fabric can be folded.

Fabric

Suggest poly cotton sheets as being the most economical and the best weight of fabric.

Cotton or polycotton dress making fabric plain or patterned if the colour and design are appropriate – we tend to go for paler colours.

Filling

The hypoallergenic filling is obtained from Ebay

Search: Fire retardant hypoallergenic stuffing for maternity cushions

Ribbon

White 20 mm wide – obtained from Amazon

Search: double sided satin ribbon 20mm wide

Bags

The hospitals we donate to appreciate the plastic bags that we use to present cushions as it keeps the cushion clean while they are being stored. They are a strong bag and definitely not single use plastic. We obtain these from Ebay.

Search: 'clear plastic polythene shopping bags patch handle security 15"x 18" x 3"

Please contact us again if you need more help – we would also love to hear how you get on.

'Contact Us' on our Club website

<https://sigbi.org/runcorn-frodsham-and-district/contact-us/>