



EAT SUSTAINABLY

Soroptimists know the negative impacts climate change can have on everyone, especially women and girls.

With a few small changes, you can help make a difference.

Join us and help us increase climate resilience



You Could...Eat Sustainably



Eat more plant-based foods and reduce meat and dairy consumption.



Reduce food waste by planning meals and composting scraps.



Buy local and seasonal foods to lower transportation emissions.

Find out more at foodprint.org/eating-sustainably