



# Seasider News

from  
**Soroptimist International Blackpool & District**

Women inspiring action  
transforming lives

July 2021  
Editor - **Norma Parry**



## PRESIDENT'S MESSAGE



The Coronavirus Pandemic has changed our lives in a way that we would never have imagined and during this time we were able to still hold and attend our meetings virtually via zoom.

We have supported charities with donations, made collections of various items, lobbied Members of Parliament, recorded articles for Talking News. The knitters in the club have done fantastic work with the story sacks, trauma teddies with innocent hats on the way. Individual members stepped up to the mark for the 100 for 100 challenge with a wide range of challenges to raise money for the Diamond Education Grant.

We have also given monies to worthwhile causes and our Programme Action Work has continued throughout.

Looking back haven't we achieved a lot? I am very proud of every member. Thank you so much for all your hard work and support.

We now face another challenge in living with the Coronavirus once the restrictions are lifted on 19th July. We will have to be careful and look after ourselves and each other. If all goes well we can look forward to meeting again in person at our September business meeting. Until then, enjoy the lovely weather and take care.

In friendship

*Christine*

## EDI TRAINING

The members of SI Blackpool & District have chosen to become ambassadors for our region by taking on Equality, Diversity & Inclusion Training.

Although many of our members have already gained certification in EDI as part of their employment or volunteering duties, the club have decided that all our members should be offered the chance to complete this online training from Tida, a training provider using the inclusive diversity approach throughout their educational videos and workshops.

Through a series of online courses on offer, everyone gets the chance to self-develop and progress towards a fairer and more equal, diverse and inclusive society free from discrimination and racism.

Secretary Pam will be sending out all the details very shortly.

## SIGBI DAY OF ACTION

Saturday 17th July has been designated as SIGBI Day of Action. This year action, awareness raising and advocacy are of great significance. We need to raise our own profile but, more importantly, the issues around addressing climate change for succeeding generations as well as ourselves

**Transform Our Future On The Earth**  
SIGBI Day of Action - 17 July 2021

**Be a Flexitarian**  
Eat less red meat  
Include plant-based protein  
More fruits & nuts  
Less starch foods

**Circular Economy**  
Reduce, Reuse, Recycle

**let's unplug!**

- Choose renewable energy
- Cut food waste
- Unplug computer and any appliances
- Walk or cycle rather than use the car
- Minimise the use of plastic and dispose responsibly
- Replace inefficient light bulbs
- Plant trees
- Bring your own reusable bottle or mug
- Use the UN Carbon Footprint Calculator

Bring in →

carbon footprint

Although climate change is often on the news at present there seems to be little awareness that we, as individuals, can do a lot ourselves. This ranges from raising awareness of what we CAN do, to lobbying governments, local, national and international and, of course taking action personally.

Programme Action officer Marcia, has issued us all with a challenge to see how we can alter our lives in any small way to help the climate change campaign.

**ACT NOW**

Ten Simple Climate Actions

ActNow is the United Nations campaign for individual action on climate change and sustainability. Every one of us can help limit global warming and take care of our planet. By changing our habits and making choices that have less harmful effects on the environment, we have the power to confront the climate challenge and build a more sustainable world.

Our lives depend on a healthy planet. Let's seize the moment and change course - toward more sustainable lifestyles.

## SAVE THE DATE



On Sunday 3rd October, President Christine will be hosting an Afternoon Tea at Trinity Hospice, Bispham not only to celebrate the 60th birthday of the club, but also her own personal 60th celebration.

Please put this date in your diary.  
More details to follow soon.