#### **Volunteer leaders**

Sefton Children's Trust has more than 40 unpaid leaders and committee members from a variety of backgrounds. These volunteers give their time and skills to accompany the children on a week long residential and support other various activities each year.



All volunteers and leaders have a DBS (CRB) check; in addition they are mentored to enable them to work with young people.

The administrative costs of our successful and long established charity remain exceptionally low because the committee members and volunteers are unpaid. Without these volunteers, fewer young people would be able to benefit from the work of this charity.

#### Fundraising



Each year Sefton Children's Trust needs to raise many thousands of pounds to further its aims. The number of referrals to the charity continues to increase so Sefton Children's Trust needs supporters and volunteers to help with fundraising throughout the year.

## **Getting involved?**

If as an individual or a company, you would like to be a supporter of Sefton Children's Trust who help families who are experiencing difficulties, please email us on:

contactus@seftonchildrenstrust.org

# Sefton Children's Trust



Helping local families who are experiencing difficulties

**Registered Charity 1016643** 

# Sefton Children's Trust Helping families who are experiencing difficulties

# Background

Sefton Children's Trust has been a registered charity since 1984.

The aims of Sefton Children's Trust are:

- to provide a residential experience for young people in families who are experiencing difficulties and live in the Borough of Sefton
- to provide support over a 3-year period
- to provide respite for children and families
- to promote respectful and considerate behaviour
- to provide an opportunity for young people to build relationships with positive role models
- to deliver educational and recreational programmes advancing the personal and social development of young people

## What do we provide?

Sefton Children's Trust provides a 3-year educational and recreational programme for children aged 8-12 years, who are experiencing difficulties within their own families. They live in or around the Sefton area of Merseyside. The children may be young carers, live in families where there are difficulties, serious or terminal illness, have experienced bereavement. or have been referred to us as part of the school's rewards scheme.

The main activity is a week-long summer residential. For most young people this is not only their sole experience of a holiday but also a respite from their difficult daily lives. During the residential, the young people develop confidence and team skills in a fun environment whilst enjoying the experience of being a young person. We also support young people in accessing other services.

Children are referred to Sefton Children's Trust by social workers, educational psychologists, youth and community workers, teachers, health visitors. GPs and other professionals.

# **Other activities**

Throughout the year there are other activities and opportunities including:

- Christmas fun activity cinema (including a present for each young person of the family)
- Christmas food hampers for identified families
- At age12, we link young people with other organisations who provide similar opportunities for example PAYES (a Police reward scheme for positive behaviour)

