

HOSTED BY CROSBY SOROPTIMISTS

WOMEN'S WELLNESS DAY

Saturday, 7 March 2026 | 10.00am - 4.00pm

In partnership with Liverpool Women's Hospital Charity and supported by Liverpool and Southport Soroptimists



- Health talks by expert speakers
- Wellbeing tasters: yoga, relaxation & creative activities

BOOK NOW!

£15 registration fee
(includes light lunch)

St Joseph's Prayer Centre,
Freshfield, Merseyside



SCAN TO BOOK