

ACTS OF KINDNESS

Lending a helping hand

1 HELPING A CHARITY

One member has shown great kindness for the charity True Honour. She is advising True Honour in the development of a robust business plan, recruitment of new trustees and has secured a bid for £16,000 which will mean a huge boost for the charity going forward in supporting survivors of Honour Based Violence, Forced Marriage, Female Genital Mutilation and Modern Day Slavery.

2 HELPING A FRIEND

One member has a friend who suffers from macular degeneration and partial deafness. She phones her everyday and sometimes she takes her to a garden centre.

3 HELPING A SCHOOL

Two members are supporting a local special school. Both are advisors to the school and the Headteacher.

4 HELPING FRIENDS

During lockdown, one member was lucky enough to receive online line food shopping deliveries. She offered to shop for 3 friends who were either elderly or unwell as they were unable to go shopping themselves or did not receive food deliveries.

5 HELPING FOODBANKS

On 16 October 2020, World Food Day, several members donated food, other essential items and money to local foodbanks and community fridges.

6 HELPING EACH OTHER

Several members of SI Epsom & District have shown great kindness towards each other during the pandemic. The Club were very much used to face to face meetings and, at the start of the pandemic, it was not possible to hold these meetings. It was decided to hold meetings on Zoom but very few members were familiar with this platform for video conferencing. Club members took this on board and began to work with individual members, sometimes spending a great deal of time, to enable them to use Zoom. This included some members who were initially unsure about using technology. The majority of members are now on Zoom and a similar approach is now being used to encourage members with social media and membership bubbles, a new buddy system.

