

Climate Change and Preserving Our Natural World Actions

We know that you have probably been doing quite a few of these actions regularly but during the meeting we will ask if you have begun doing something different / new, either from the lists below or if you have any other suggestions.

Climate Change

Collected batteries for recycling
Collected green milk bottle tops for recycling
Collected computer ink cartridges for recycling
Collected blister packs (tablets) for recycling
Collected postage stamps for recycling
Collected spectacles for recycling
Replaced traditional bulbs with LED lights
Fully switched off appliances when they were not in use
Washed clothes at a lower temperature
Walked or cycled on local journeys
Used public transport more often, rather than driving
Considered that the next car you will be driving will be an electric one
Joined a car club/ shared driving
Bought more seasonal, local and organic food
Had meat free days at least once a week
Tried a dairy milk alternative such as oat/soya/almond milk
Bought groceries from a refill/zero waste shop
Grown your own fruit/vegetables
Bought organic produce - avoided chemical pesticides
Avoided using non-recyclable products/packaging
Maintained and repaired things rather than replacing them
Got involved in community litter picking/ community clean ups
Bought an item of clothing from a charity/preloved shop
Donated items to a charity/preloved shop
Made a donation to the Woodland Trust to offset your carbon footprint of a long haul flight or long car journey.
Mended torn clothing instead of buying newspaper
Taught someone how to repair/sew items
Switched off outside lights to save electricity

Used an electric throw or hot water bottle throw for keeping warm
Worn extra layers of clothing/blankets to keep warm
Saved water in variety of ways:cold wash /waterless car wash/ washing/ less baths/washing up bowl in the bath to collect water etc
Not put the heating on or limited your use of heating
Lowered the speed in car to 60 miles an hour to conserve petrol /energy
Used an electric car
Used a hybrid car
Installed solar panels at home
Insulated places in your home with various materials (eg bubble wrap, fabric)

The Natural World

Planted a tree or hedge in the garden
Mowed the lawn less frequently to encourage wild flowers to grow
Planted bee friendly flowers to encourage bees to visit
Built a bug hotel to encourage insects to inhabit
Placed a bird feeder and/ or bird bath in your garden
Watered plants only when really necessary - used a watering/water butt can rather than a hosepipe
Used peat free compost
Built a garden pond to encourage insects