2013 Conference Newsletter



Issue 2



79th SIGBI Federation Conference 31 October to 2 November 2013

Countdown to Conference

By the time you read this there will be approximately 40 weeks to the NewcastleGateshead Conference. Registration will be available at the beginning of March - so start making your plans now!!



Conference legacy

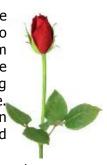
Federation President Pat wants this conference to leave a legacy to a local charity and has selected "Under The Bridge", a charity based in Newcastle upon Tyne which provides a purpose built emergency hostel with accommodation for 31 homeless men and women. Each resident has their own bedroom with en-suite shower and toilet and also has access to a shared lounge and dining room.

The charity offers health and social care services to homeless men and women who are unable to register with a general practitioner and also provides access to hot drinks, bathing facilities and a clothing store.

This is where you come in. When you come to Conference please bring one extra pair of knickers and a pair of men's socks with you. These will be collected and donated to "Under the Bridge". This is a very practical legacy which will help lots of people attending the hostel.

Red Square Event

On Friday 1 November at 9 a.m. we are asking you to assemble on Performance Square, outside the East door of the Sage building. Please wear as much RED as you can. We are intending to turn the whole square **RED** to raise awareness of the plight of women and girls who suffer from ENDOMETRIOSIS. Did you know it can take up to eleven years to diagnose this disease worldwide? That is eleven years of suffering, eleven years of lost work, and eleven years of being misunderstood, it is not "JUST PERIOD PAINS". Women with endometriosis suffer in silence. Soroptimists will shout about it. We hope to attract the media, locally, nationally and even internationally. So remember your RED hat and scarf when you pack your extra knickers and socks.



We are also intending to submit a resolution to conference to encourage the early diagnosis and treatment of endometriosis. To learn more about the disease consult www.endometriosis-uk.org or ring 0808 808 2227. Please wear **RED** on Friday. You will be part of a fun event that has a meaningful purpose.

Important news about lunches at Conference

Those of you who attended the last conference held in the Sage Gateshead will remember that it is a wonderful building standing on the bank of the River Tyne with panoramic views of the Millennium and Tyne Bridges. It is also open to the public and is a distance away from the city shops. We have studied your evaluation forms and have decided to do as most of you suggested. We are providing lunch bags. These will suit most dietary requirements but must be ordered in advance, as they are prepared on site. When you complete your registration form please also fill in the lunch order section. We promise if you tick the box the Sage will come up with the goods but you must start the ball rolling. We know it seems odd to order food nine months in advance but think what a surprise you will get when it arrives.

Remember, remember October November. Bring pants, socks and red things and help make a difference. Meet up with old friends and make new ones. You could also volunteer to be a "Conference Maker". To learn more about this look out for the next newsletter.

The people of NewcastleGateshead are looking forward to your visit so look out for the Registration form and do not forget to order your lunch.