

Hamilton

**Extract from Minutes of the Business Meeting held on Monday 28th November 2022 by Zoom.**

**Item 16. A.O.C.B.** (Discussed after Item 13) Meetings Clarification: agreed that both speaker and Business Meetings should now be held on Zoom on the second and fourth Mondays of the month; meetings for meals should be on the second and fourth Thursdays of the month. For further discussion in January 2023 if members also wish to meet for coffee in cafes.

Thur 12th Jan Meal Avonbridge - Social

Mon 23rd Jan Business Meeting - Zoom

Thur 26th Jan Meal Avonbridge - Zoom

Wed 1st Feb 'Orange' Cafe Visit - Social

Thur 9th Feb Meal Avonbridge - Social

Mon 13th Feb Harry Marsh - Green Canopy - Zoom

Thur 23rd Feb Meal Avonbridge - Social & Business Meeting - Zoom

Wed 1st March 'Orange' Cafe Visit - Social

Thur 9th March Meal Avonbridge

Mon 13th March Laurie Byrne Malawi & Mary's Meals - Zoom

Thur 23rd March Meal Avonbridge - Social

Mon 27th March Business Meeting

Visits to Hamilton Foodbank, EK Hospice & The Lanarkshire Beekeepers to be arranged. Cafe visits will be 1st of each month.