

TRAFFICKING OF YOUNG WOMEN AND CHILDREN

In 2004 – 05, we ran a year-long project to raise awareness of the Trafficking of young women and children at a time when most people didn't like to talk about it. This included much lobbying of our local MPs, a visit to the House of Commons, and a one-day seminar. As a result of our work, we were thrilled and honoured to receive the *Good Practice Award for Human Rights and the Status of Women* at the 2005 SIGBI Conference. In 2017 we organised a pop-up shop in the town centre for International Women's Day collecting pre-loved bras for the Purple Teardrop Campaign which supports survivors of trafficking. A further pop-up shop in 2018 saw us encouraging local people to decorate squares for the Global Blanket Campaign against forced labour and human trafficking in supply chains.

ANNUAL PUBLIC SPEAKING COMPETITION FOR YEAR 6 PUPILS

In 2007, we held our first Public Speaking Competition for Year 6 pupils. Each team consists of three pupils who introduce their chosen subject, present a reasoned argument, summarise, and give a vote of thanks – no mean feat for such young people. The topics reflect Soroptimist interests and ideals, and each year, we are amazed at the maturity and thoughtfulness of the children. In 2018 we celebrated our 10th competition.

VIOLENCE AGAINST WOMEN

In June 2010, in partnership with West Norfolk Voluntary and Community Action, we held a forum on Domestic Abuse. More recently we have been involved with 'Norfolk Says No' and the White Ribbon campaign which we promoted at the local football club.

ANNUAL LITERARY LUNCH

In 2011, we held the first of our Literary Lunches, in the Riverside Restaurant in King's Lynn with guest authors Sophie Hannah and Jim Kelly.

It was so successful that we had to move to a larger venue the following year, the Le Strange Arms in Old Hunstanton. Our speakers have ranged from Dame Stella Rimington to Elly Griffiths, and, on looking through the list, it seems we Soroptimists do enjoy crime novels! Last year our guest writer was Chris Collett, author of the much acclaimed DI Tom Mariner series of novels

WOMEN'S WELLBEING DAY

In October 2014, we held a Women's WellBeing Day at Lynnsport. Topics covered included healthy eating; keeping safe; reflexology, massage and reiki; pilates, and many more. Club members were very keen on manicures, and we sported some very elegant finger-nails!

ENGLISH LESSONS

In recent years, King's Lynn has seen a great increase in migrant workers. Members have supported them by helping with English lessons on Saturday afternoons. The sessions are essentially practical, and include useful vocabulary for common situations, and include plenty of opportunities for conversation.

CHARITIES AND FUNDRAISING

Over the years, we have organised and been involved in a wide range of events to support our chosen charities. These have included: market stalls, Christmas Fairs, jumble sales, quizzes, bridge drives, concerts, and fashion shows. Last year an afternoon tea was held to support Home-Start Norfolk in the entertaining company of David Palmer, auctioneer.

'WOMEN ALOUD'

In March 2019, the club held a 2 day event in the Town Hall to celebrate International Women's Day. It was an opportunity to bring local groups together and promote awareness of Soroptimism. Highlights included an art competition for primary school children, a talk from Britain's first female firefighter, Jo Reynolds, musical entertainment from 2 local choirs and a chance to try Bollywood dancing. This was all made possible by the generosity of the Mayor in allowing use of the Town Hall, and a grant from the Audrey Muriel Stratford Trust.

CIVIC INVOLVEMENT

Holocaust Memorial Day: at the annual service in the Town Hall, a Club member, usually the President, gives one of the readings.
Remembrance Sunday: our President lays a poppy wreath, in Tower Gardens and, after the ceremony, she and some members join the civic procession to The Minster for a service.

*Club history originally compiled by Lindsay Campbell
Updated April 2019*



SI King's Lynn

- Enjoy the company of women who like to make a difference
- Create a better world through international friendships
- Get involved with projects to educate, empower and enable women and girls

Interested?

Get in touch and you will receive a warm welcome as a guest at one of our meetings

sikingslynn@gmail.com
www.sigbi.org/kings-lynn



JOIN US

Soroptimists are
women of all ages

Women inspiring action,
transforming lives

2019-2020

Presidents

Janet Porter
Lynis Lord

Immediate Past President

Kim Bramham

President Elect

Julie Williams

Founder Members

Pat Robinson and
Elizabeth Harrison

Charities 2019-2020

Pandora Project
UNICEF School in a Box

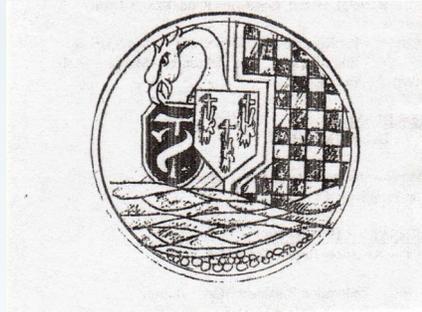
The Pelandaba Orphans

(Regional project)

Meru Women's Garden Project

(Federation project)

**Soroptimist International
of King's Lynn
A brief history
1975 – 2018**



THE CHARTER

Our petition was accepted at a meeting of the Federation Executive Council on 7 December 1974. There were 27 founder members. The King's Lynn Club was proposed by SI Norwich, our Mother Club, and seconded by SI Peterborough.

THE CHARTER DINNER

12 July 1975, at the Duke's Head Hotel, King's Lynn
The Charter was presented by Federation President Ruth Harris.
Divisional Union President: Cara Watson

10TH ANNIVERSARY LUNCHEON

13 July 1985, in the Assembly Room, Town Hall, King's Lynn
Guest of Honour: Federation President Muriel Bowers
Divisional Union President: Kathleen Hunter

25TH ANNIVERSARY DINNER

8 July 2000 in the Assembly Room, Town Hall, King's Lynn
Guest of Honour: Federation President Elizabeth Harrison (SI King's Lynn)
Regional President: Julie Carter (SI King's Lynn)

40TH ANNIVERSARY LUNCHEON

5 July 2015 in the Assembly Room, Town Hall, King's Lynn
Guest of Honour: The Rt Hon Baroness Gillian Shephard
Regional President: Cathy Cottridge

THE FEDERATION – SIGBI

Members have attended every Federation Conference since 1975, and also some Soroptimist International Conventions.

Elizabeth Harrison was Federation Health Advisor 1991 – 1995, and elected Federation President 1999 – 2000.

LONDON ANGLIA REGION - SILAR

SI King's Lynn has taken an active part in the Region (formerly Divisional Union) over the past forty years. Elizabeth Harrison, Julie Carter, Maggie Orage and Sylvia Cliffe have all been Regional Presidents, and many Club members have held Regional Office.

PROJECTS, ACTIVITIES AND CHARITIES

Just a taste of what we've been doing over the last forty plus years...

THE HOUSING PROJECT

Our first charitable project. In 1979, the Club rented two bedsits and a one bedroom flat from Broadland Housing Association, furnished them, and let them to young people coming to work in King's Lynn. By 1995, there was plenty of suitable accommodation locally, and the project closed.

LINK CLUBS

We have formed strong Friendship Links with Clubs in Waimea (New Zealand), Waterland (The Netherlands), Amber Valley (Alfreton), Solihull & District, Pune (India), Lubeck (Germany) and Krakow (Poland).

HANDICRAFT PROJECT AT ST EDMUND'S PRIMARY SCHOOL

Enid Bright and Rachel Seakins started this project in 1993, and Nora Harding, Pam Benefer and Diane Morgan joined them. On Tuesday lunchtimes, a group of Year 5 pupils learned to knit and sew under the guidance of the "Knitting Nannies," as they were affectionately known. The club has recently continued the tradition by knitting baby clothes for the SIGBI Meru Women's Garden Project.

WOMEN'S REFUGES

Since 1997, we have collected toiletries, personal items, toys and games for the women and their children, who have to leave home at short notice.