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London Chilterns

**www.sigbi.org/london-chilterns**

**OCTOBER 2019 Dear Diary**

Monthly Events Bulletin from SI London Chilterns Region

**Federation and Region Theme this Year is**

**#SoroptimistsThinkOnIt" a focus on Mental Health**

**To publish something in Dear Diary and/or on the SILC website please email:** **silondonchilterns@hotmail.com**

**SI St Albans & District** [**www.sigbi.org/st-albans**](http://www.sigbi.org/st-albans)

**Mon 7 Oct – Speaker Meeting –**hear about SI St Albans & District’s new charity for this year from a Trustee of the **Herts Rape Crisis and Sexual Abuse Centre**[**www.hertsrapecrisis.org.uk**](http://www.hertsrapecrisis.org.uk/) and after coffee some mindfulness with **Ruth Farenga from Mindful Pathway**[**www.mindfulpathway.co.uk**](https://www.mindfulpathway.co.uk/)All welcome – 8pm – details on Club website [www.sigbi.org/st-albans/wmhd19/](http://www.sigbi.org/st-albans/wmhd19/)

**SI Hertford & District** [**www.sigbi.org/hertford-and-district**](http://www.sigbi.org/hertford-and-district)

**Mon 7Oct -** Frugal Supper in place of our regular Club evening, a not-very-frugal meal will be served and the money raised will go towards Meru Women’s Garden Project. For further information please visit our website.

**SI London Chilterns**

**Saturday 12th October, 10am to 4pm Region Meeting/Conference & AGM** being held atthe Lancaster Hall Hotel, 35 Craven Terrace, London W2 3EL**. Guest speaker Kay Richmond, SIGBI Programme Director**[**www.sigbi.org/who-we-are/programme-team/**](https://sigbi.org/who-we-are/programme-team/)

Any guests will be warmly welcomed. Details will be sent to Clubs and will be available on the website **[www.sigbi.org/london-chilterns/programme/](http://www.sigbi.org/london-chilterns/programme/)**

**85th SIGBI Federation Conference - Bournemouth International Centre**

**Thursday 24th to Saturday 26th October 2019**

The theme is “Think On It” – all details are on the Conference website

[**www.sigbi.org/bournemouth2019/**](http://www.sigbi.org/bournemouth2019/) **bookings have now closed.**

**If anyone from the Region wants to join in a Region dinner on the Friday evening please email incoming Region President Denise Powell** denise.m.powell@gmail.com **with the names and numbers and dietary requirements from your Club.**

**SI Slough, Windsor & Maidenhead** [**www.sigbi.org/slough-windsor-and-maidenhead**](http://www.sigbi.org/slough-windsor-and-maidenhead)

**Fri 1 Nov 7pm – Autumn Charity Quiz Night**. Spencer Denney Centre, Park Corner, off Clewer Hill Road, Windsor, SL4 4EB £12 per person includes a supper of fish & chips, or chicken & chips or a vegetarian option Contact: Sandra Bond 01628 778306 or sandra.bond2017@outlook.com

**SI St Albans & District** [**www.sigbi.org/st-albans**](http://www.sigbi.org/st-albans)

**Mon 11 Nov – Club Meeting –**we will hear about **OWCH Older Womens Co-housing for over 50’s**[**www.owch.org.uk**](http://www.owch.org.uk/)and the Club’s Learning Opportunities Team will help the Club to mark **WorldToilet Day**with a bottle sale in aid of [**Toilet Twinning**](https://www.toilettwinning.org/)All welcome – 8pm – details on Club website

**SI Hertford & District** [**www.sigbi.org/hertford-and-district**](http://www.sigbi.org/hertford-and-district)

**Fri 15 Nov** FUND-RAISING QUIZ NIGHT 7.15pm for 7.45pm at Wodson Park, Ware
In aid of Safer Places & The Living Room. For further information please visit our website.

**SI St Albans & District** [**www.sigbi.org/st-albans**](http://www.sigbi.org/st-albans)

**Mon 25 Nov Raising Resilient Girls: a "How To" Guide**7pm Townsend School St Albans £10 pp. Motivational speaker Dr Kathy Weston on girls’ mental health and resilience. For booking information and more please see the website [www.sigbi.org/st-albans/evaw](https://eur03.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.sigbi.org%2Fst-albans%2Fevaw&data=02%7C01%7C%7C8e54a3df11454289bf3408d73b9043fe%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637043363629603858&sdata=rzaLbZG%2B21SA%2BDZVNrEfSWP6F8mfVdt1ycUubodIudw%3D&reserved=0)  All are welcome.

Please book online via Eventbrite: [www.eventbrite.co.uk/e/raising-resilient-girls-a-how-to-guide-tickets-65783525295](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.co.uk%2Fe%2Fraising-resilient-girls-a-how-to-guide-tickets-65783525295&data=02%7C01%7C%7C8e54a3df11454289bf3408d73b9043fe%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637043363629613869&sdata=6TOURUKZANqoy0Itn6VSb6VX5EtToZdiVchZk24JjXA%3D&reserved=0) All profits will go to the two main Club charities this year – Herts Rape Crisis – [www.hertsrapecrisis.org.uk](https://eur03.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.hertsrapecrisis.org.uk%2F&data=02%7C01%7C%7C8e54a3df11454289bf3408d73b9043fe%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637043363629623880&sdata=XpWMpl%2Fm%2FIa2e04CTNROfXvIZchp5rqN6gvS%2FZo7mEg%3D&reserved=0) and the St Albans and Hertsmere Women’s Refuge  [www.sahwr.org.uk](http://www.sahwr.org.uk )

**Invitations from other Clubs and Regions**

**SI East London –** [**www.sigbi.org/east-london**](http://www.sigbi.org/east-london)

**Tue 8 Oct** 7.15pm – **Juta Shoes Workshop** - Create your own slippers using sustainable and reclaimed materials in this fun workshop! And, at the same time, provide an opportunity for the skilled, but marginalised, women graduates of Juta Shoes employability skills scheme, to earn a descent living. Create Space, 29 Old Ford Road, Bethnal Green, E2 9PJ - 5 minutes from Bethnal Green tube. £50 to take away your own slippers (normally£80).

To book Email eastlondonsoroptimists@hotmail.co.uk

**SI Swindon** **–** [**www.sigbi.org/swindon-and-district**](http://www.sigbi.org/swindon-and-district)

**Sat 23 Nov** from 11am -All Soroptimists are invited to the SI Swindon annual

**“Railing Against Abuse”** March marking the **UN Day for the Elimination of Violence against Women** Marchfrom Swindon Railway Station tothe STEAM Railway Museum near The Outlet Centre with speakers Tara Arkle (writer/activist), Nicky Alberry (Chair of SWA) & other dignitaries.

**Looking further Ahead to 2020**

**SI Thames Valley,** [**www.sigbi.org/thames-valley**](http://www.sigbi.org/thames-valley)

**Sunday 29th March 2020** Do join us for our 30th Charter Celebrations 12-00 for 12-30 at the River and Rowing Museum at Henley. Full details to follow.

**SI St Albans & District** [**www.sigbi.org/st-albans**](http://www.sigbi.org/st-albans)

**Sat 21 March** – Quiz Night – ever popular fundraising quiz. Book early to avoid disappointment.

**Monthly Meeting Details of the Clubs in SI London Chilterns Region**

**SI Aylesbury & District,** [**www.sigbi.org/aylesbury**](http://www.sigbi.org/aylesbury-and-district)

**Monday or Wednesday at 7pm [NB dates may vary]**

At Aylesbury Town Hall, Council Chamber, 5 Church Street, Aylesbury HP20 2QP.

Chartered 14th June 1958

**SI Bedford,** [**www.sigbi.org/bedford**](http://www.sigbi.org/bedford)

**1st and 3rd Wednesday at 7.30pm**

Meet at St Andrews Church Centre, Kimbolton Road, Bedford MK40 2PF.

Chartered 6th October 1931.

**SI Hertford & District,** [**www.sigbi.org/hertford-and-district**](http://www.sigbi.org/hertford-and-district)

**1st and 3rd Monday, meet at 7.15, for 7.30pm start.**

At The Hertford Club, Lombard House, Bull Plain, Hertford SG14 1DT.

Chartered on 28th April 1956

**SI High Wycombe & District** [**www.sigbi.org/high-wycombe-and-district**](http://www.sigbi.org/high-wycombe-and-district)

**1st Tuesday at 7pm** Chartered on 1st January 1962

At Brewers Fayre Papermill, London Road, Loudwater, High Wycombe HP10 9YL.

**SI London Central and South West** [**www.sigbi.org/london-central-and-southwest**](http://www.sigbi.org/london-central-and-southwest)

**2nd Tuesday at 7pm** Chartered on 5th May 1927 & 27th July 1927

Number 63 (Soroptimist) Ltd., 63 Bayswater Road, London W2 3PH.

**SI London Greater** [**www.sigbi.org/london-greater**](http://www.sigbi.org/london-greater)

**1st Thursday, meet at 6.30, for 7pm start.**

Number 63 (Soroptimist) Ltd., 63 Bayswater Road, London W2 3PH. Chartered on 14th February 1924

**SI Milton Keynes** [**www.sigbi.org/milton-keynes**](http://www.sigbi.org/milton-keynes)

**3rd Tuesdays 5.45pm** MK SNAP, Walnut TreeMK7 7DE Contact sorptimistsmk@gmail.com

**SI Newbury & District** [**www.sigbi.org/newbury-and-district**](http://www.sigbi.org/newbury-and-district)

**1st and 3rd Thursday [except August] at 7.30pm**

St Georges Church Annex, Wash Common, Newbury RG14 6NU. Chartered on 1st January 1956

**SI Oxford & District** [**www.sigbi.org/oxford-and-district**](http://www.sigbi.org/oxford-and-district)

**3rd Wednesday, meet at 6.30 for 7pm start.**

The Coach House, Quarry Road, Headington, Oxford OX3 8NU. Chartered on 1st January 1958

**SI Slough, Windsor & Maidenhead** [**www.sigbi.org/slough-windsor-and-maidenhead**](http://www.sigbi.org/slough-windsor-and-maidenhead)

**3rd Wednesday at 7pm**

Fredrick’s Hotel, Shoppenhangers Road, Maidenhead SL6 2PZ. Chartered on 1st January 1961

**SI St Albans & District** [**www.sigbi.org/st-albans**](http://www.sigbi.org/st-albans)

**2nd and 4th of most Mondays at 8pm**

**Chiswell Green United Reformed Church Hall, Watford Road, St Albans AL2 3HG**

email: **sistalbans@hotmail.com** or Tel Jane: 0783 4345796. Chartered 1st January 1957

**SI Thames Valley** [**www.sigbi.org/thames-valley**](http://www.sigbi.org/thames-valley)

**3rd Tuesday, meet at 7.30pm.**

Bourne End Library, Bourne End, Buckinghamshire SL8 5SX. Chartered on 31st March 1990

***Dates of Region Meetings 2019-2020***

*12th October 2019 - 10am to 4pm at Lancaster Hall Hotel, 35 Craven Terrace, London W2 3EL*

 *AGM and Region Meeting/Conference*

*30th November 2019 - 10am to 4pm at Lancaster Hall Hotel, 35 Craven Terrace, London W2 3EL*

 *Human Rights Day Region Event*

*14th March 2020 - 10am to 4pm at Lancaster Hall Hotel - Celebration of International Women’s Day, Region Meeting/Conference*

*13th June 2020 - 10am to 4pm Region Meeting/Conference Venue TBC*

*10th October 2020 - 10am to 4pm at Lancaster Hall Hotel - AGM/Region Meeting/Conference*

**The programme and issues of Dear Diary are available on the Region website** [**www.sigbi.org/london-chilterns/programme/**](http://www.sigbi.org/london-chilterns/programme/)

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| ***Dear Diary*…** is published monthly so let’s hear about ***your*** Club’s events. Please email any entries for the next edition to: **silondonchilterns@hotmail.com** **by Monday28 October 2019** |

**N.B. Check UN Days and Significant Dates in the Soroptimist Calendar by visiting:**

[**www.sigbi.org/members/programme/un-days-and-significant-dates**](http://www.sigbi.org/members/programme/un-days-and-significant-dates)