



[sigbi.org/london-chilterns](https://sigbi.org/london-chilterns)

## **MAY 2026 RED SILC**

Region Events Diary for SI London Chilterns Region

**President Rita Beaumont's theme for the Region is  
"Good Health and Wellbeing - the Right of Everyone"**

**Click here to read the President's Message for 2025/27**

<https://sigbi.org/london-chilterns/president/>

**Welcome to "RED SILC" the Region Events Diary for SI London Chilterns Region**

Contributions for next month's issue to be sent to [silondonchilterns@hotmail.com](mailto:silondonchilterns@hotmail.com) by the end of the month please.

**PLEASE SEND YOUR CLUB NEWS** – what has your Club done to get noticed and raise awareness of Sorooptimists and the causes we care passionately about? Send your photos and stories to [silondonchilterns@hotmail.com](mailto:silondonchilterns@hotmail.com) and they can be shared in a news item on the website and on social media.

### **RED News and Events**

**In Memory: Jackie Paling**, a longstanding member of the SI Slough, Windsor and Maidenhead Club, sadly died on 14th April. Jackie was a very inspiring Sorooptimist who is known for her amazing work transforming the lives of many women and girls. She is recognised as an extraordinary person all over the Sorooptimist world. She will be sorely missed. President Rita has sent condolences to Jackie's family and we also send condolences to all members of SI Slough, Windsor and Maidenhead Club on the loss of such a devoted Club Member. The funeral is on Thursday 21<sup>st</sup> May near Beaconsfield. Please email [silondonchilterns@hotmail.com](mailto:silondonchilterns@hotmail.com) if you would like to receive more details when available.

**SI London Chilterns Region** [sigbi.org/london-chilterns](https://sigbi.org/london-chilterns)

**Sat 20 Jun 2026 - SILC Region Summer Conference - we are excited to announce that this will be held at Wycombe Wanderers Football Stadium.**

The day promises to be lively and inspirational with great speakers and plenty of opportunities for networking. Refreshments and lunch will be provided. There are more details on the website: <https://sigbi.org/london-chilterns/jun2026>. Booking information has been sent to Clubs and is available on the web page too.

## **Soroptimist International Great Britain and Ireland Conference Cardiff <https://sigbi.org/cardiff2026/>**

**Fri 30-Sat 31 Oct - SIGBI Conference Cardiff** – you can book hotels now and SIGBI will open bookings for the Conference in May. The draft programme details are here <https://sigbi.org/cardiff2026/conference-programme/>.

Please email [silondonchilterns@hotmail.com](mailto:silondonchilterns@hotmail.com) if you are interested in attending conference so that we can co-ordinate arrangements as a Region and you can join the WhatsApp group to share information. We will go out to dinner together as a Region on Friday evening (guests are very welcome).

We are recommending 2 hotels for our Region - the **Holland House Hotel** (where the conference is actually being held and includes a spa) or the **Premier Inn Queen St** (10 mins away). The best price for the Holland House Hotel is through the booking link on the Conference website <https://sigbi.org/cardiff2026/delegate-accommodation/>. This is the link for the Premier Inn

<https://www.premierinn.com/gb/en/hotels/wales/glamorgan/cardiff/cardiff-city-centre-queen-street.html>. Some people are booked into hotels from Thursday to Sunday but you may choose to travel early Friday morning and Saturday evening to save extra nights in the hotel. You can also just book to attend the conference for 1 day.

### **Clubs**

**SI Greater London <https://sigbi.org/london-greater>**

**Thu 7 May of the month, 7.30pm via Zoom.** Email: [sigl.club@gmail.com](mailto:sigl.club@gmail.com)

Taryn Lister from The nia Project <https://niaendingviolence.org.uk/> will speak about the charity and the services it provides. nia has been run since 1975 by women. Services are for women, girls and children who have experienced sexual and domestic violence. They include specialist refuge for women who have been subjected to prostitution and use substances problematically, independent sexual and domestic abuse advocacy, and an exiting prostitution outreach service. **Book Now! On Eventbrite**

**<https://www.eventbrite.co.uk/e/guest-speaker-taryn-lister-from-the-nia-project-tickets-1987642558398>**

**SI St Albans & District <https://sigbi.org/st-albans>**

**Mon 11 May – “Citizen Science” and more!** 7.30pm – 9.30pm at St Albans United Reformed Church Hall Greenwood

**Mon 8 Jun – Farhat Zia** will talk to us about the work of her Charity the **Akifa Foundation** in her home town of Baffa in Pakistan which has been helping families recycle single use plastic and support education <https://akifafoundation.com/> – 7.30pm – 9.30pm at St Albans United Reformed Church Hall Greenwood

For details see the Programme on the website – it’s updated regularly:

**<https://sigbi.org/st-albans-and-district/club-programme/>**

**SI Hertford & District <https://sigbi.org/hertford-and-district>**

email to [pamelarobertson807@btinternet.com](mailto:pamelarobertson807@btinternet.com)

**SILC Region Dates [sigbi.org/london-chilterns](https://sigbi.org/london-chilterns)**

**Sat 20 Jun 2026 - SILC Region Summer Conference hosted by SI High Wycombe.**

**Sat 10 Oct 2026 - SILC Region AGM/Conference – Lancaster Hall London**

**Fri 30-Sat 31 Oct - SIGBI Conference Cardiff <https://sigbi.org/cardiff2026/>**

**Sat 5 Dec – SILC Region Human Rights Day Celebration – Zoom 10am to 1pm**

## **Monthly Meeting Details of the Clubs in SI London Chilterns Region**

**SI Aylesbury & District** <https://sigbi.org/aylesbury>

**1st Wednesday at 6.30pm**

Either by Zoom or at a members House in Aylesbury.  
Chartered 14th June 1958

**SI Bedford**, <https://sigbi.org/bedford>

**3<sup>rd</sup> Monday at 7pm**

Meet at St Andrews Church Centre, Kimbolton Road, Bedford MK40 2PF.  
Chartered 6<sup>th</sup> October 1931.

**SI Hertford & District** <https://sigbi.org/hertford-and-district>

**1<sup>st</sup> Monday at 7pm by Zoom and 3<sup>rd</sup> Monday, 7pm at** GSK Allenbury's Sports & Social Club in Ware SG12 0DJ. The Club operates a hybrid model of meetings to attend in person or via Zoom. Please contact the Club via [pamela-robertson807@btinternet.com](mailto:pamela-robertson807@btinternet.com).

**SI High Wycombe & District** <https://sigbi.org/high-wycombe-and-district>

**2nd Tuesday at 7pm** Chartered on 1<sup>st</sup> January 1962

At Brewers Fayre Papermill, London Road, Loudwater, High Wycombe HP10 9YL.

**SI Greater London** <https://sigbi.org/london-greater>

**1st Thursday of the month, 7.30pm via zoom.** Email: [sigl.club@gmail.com](mailto:sigl.club@gmail.com)

Chartered on 14<sup>th</sup> February 1924

**SI Milton Keynes** <https://sigbi.org/milton-keynes>

**3<sup>rd</sup> Tuesday at 5.45pm** Community Room, Morrisons Café, 4 Barnsdale Drive, Westcroft, MK4 4DD  
Contact [sorptimistsmk@gmail.com](mailto:sorptimistsmk@gmail.com)

**SI Newbury & District** <https://sigbi.org/newbury-and-district>

**1<sup>st</sup> Thursday at 2.30pm**

Venue TBC. Chartered on 1<sup>st</sup> January 1956

**SI Oxford & District** <https://sigbi.org/oxford-and-district>

**3<sup>rd</sup> Wednesday, meet at 6.30 for 7pm start.**

The Coach House, Quarry Road, Headington, Oxford OX3 8NU. Chartered on 1<sup>st</sup> January 1958

**SI St Albans & District** <https://sigbi.org/st-albans>

**2<sup>nd</sup> and 4<sup>th</sup> of most Mondays at 7.30pm either on Zoom or at**

St Albans United Reformed Church, Greenwood, Watford Road, Chiswell Green, AL2 3HG  
email: [sistalbans@hotmail.com](mailto:sistalbans@hotmail.com) or Tel Jane: 0783 4345796. Chartered 1<sup>st</sup> January 1957

**SI Slough, Windsor & Maidenhead** <https://sigbi.org/slough-windsor-and-maidenhead>

Sadly the Club has decided to close.

**SI Thames Valley** <https://sigbi.org/thames-valley>

**3<sup>rd</sup> Tuesday, meet at 7.30pm.**

Bourne End Library, Bourne End, Buckinghamshire SL8 5SX. Chartered on 31<sup>st</sup> March 1990

**The programme and back-issues of RED SILC and Dear Diary are available on the Region website** <https://sigbi.org/london-chilterns/programme>