

6. **Project Title***

COVID-19 Supporting Families in Need

Step 2 – The Story of your Project . . .

Your project should demonstrate how the lives of women and girls have been improved through education, empowerment and enabling opportunities. Use these words where possible in the write up below. Overwrite the words already in the boxes:

12. **Please enter a concise summary of your project below, so that it could be used in publicity material.***

Each Club member donated either the cost of our pre-meeting meal (totalling £100.00) for the purchase of non-perishable food items or donated non-perishable food items. These items were safely collected and delivered to the coordinator who made up and delivered food hampers to families in need.

We also made a financial donation of £200 from Club funds to enable the purchase of fresh food items.

500 characters (approx. 80 words)

13. **Why did your Club/Region/NA/Network choose this project? What issue did you tackle with this project?***

We usually donate non-perishable food items to help a children's centre support local families to feed their children during the Christmas and summer holidays. Due to the huge increase in families needing support during the pandemic, and the children's centre not being open for normal business, we researched and learned of a local vicar who was collecting donations of non-perishable food items and delivering food hampers to families in need. She was also accepting financial donations, which enabled fresh food items to be purchased and distributed, e.g., milk, bread, fruit/veg, meat etc, enabling families to have healthy, nutritious and balanced meals. We decided to give our food donations to her together with 2 x £100 for fresh food.

750 characters (approx. 120 words)

14. **What did the project involve?***

We researched organisations working to provide food items for families in need. We contacted a local vicar and she was delighted with our proposal and informed us of the kinds of non-perishable food items she was collecting. Plans were made to safely collect donations of food items from members and to purchase more non-perishable food items with the £100 donations. A mutually convenient time for delivery of said items was arranged. Unfortunately, due to Covid restrictions we were unable to help make up the food parcels which were then collected by the family workers or school staff and delivered to the families in need, leading to a reduction in hunger and improvements in healthy meals and well-being.

750 characters (approx. 120 words)

15. **What was the result of this project?***

Mums were empowered to make healthy, nutritious and balanced meals, which contributed to improved health and well-being as well as reducing hunger and also a reduction in stress for the mums, who feel anxious and guilty when they are unable to feed their children properly.

When we evaluated the outcomes, we felt that it had been worthwhile and was worth continuing. Feedback from the coordinator was good. Mums had appreciated the food hampers. We planned to make more donations for the Easter holidays and decided to include some Easter goodies and small gifts such as colouring books and bubbles to

entertain the children.

750 characters (approx. 120 words)