

AIM HIGH

FREE 5 Week Course

For Middlesbrough Women aged between 15 and 25

Commences Tuesday, 1st of May, 2018

6 p.m. – 8 p.m.

Acklam Green Centre

Stainsby Road, Middlesbrough, TS5 4JS

These flexible and fun workshops will take place on Tuesdays and Wednesdays throughout May and include:

- Confidence-building
- Looking good
- Feeling good
- Sex matters

Opportunities for leisure, learning and personal progression.

Book your place now – Numbers are limited!

To book or enquire, contact, Pam on:

cooperpageo21@aol.com or 0771 044 9823