

Together we can create 1,000,000 free Cancer Patient Journeys

Middlesbrough to the Baltic Centre for Contemporary Art Gateshead.

Saturday 12th September: Day 1

**START: 10 am at James Cook University Hospital
car park, Middlesbrough.**

**VIA: Albert Park to Linthorpe Road, Middlesbrough to visit the
team at Santander Bank. Walk to the Riverside Stadium,
to the Transporter Bridge on the South Side.**

END: Transporter Bridge on the North Side.

DISTANCE: 5 miles



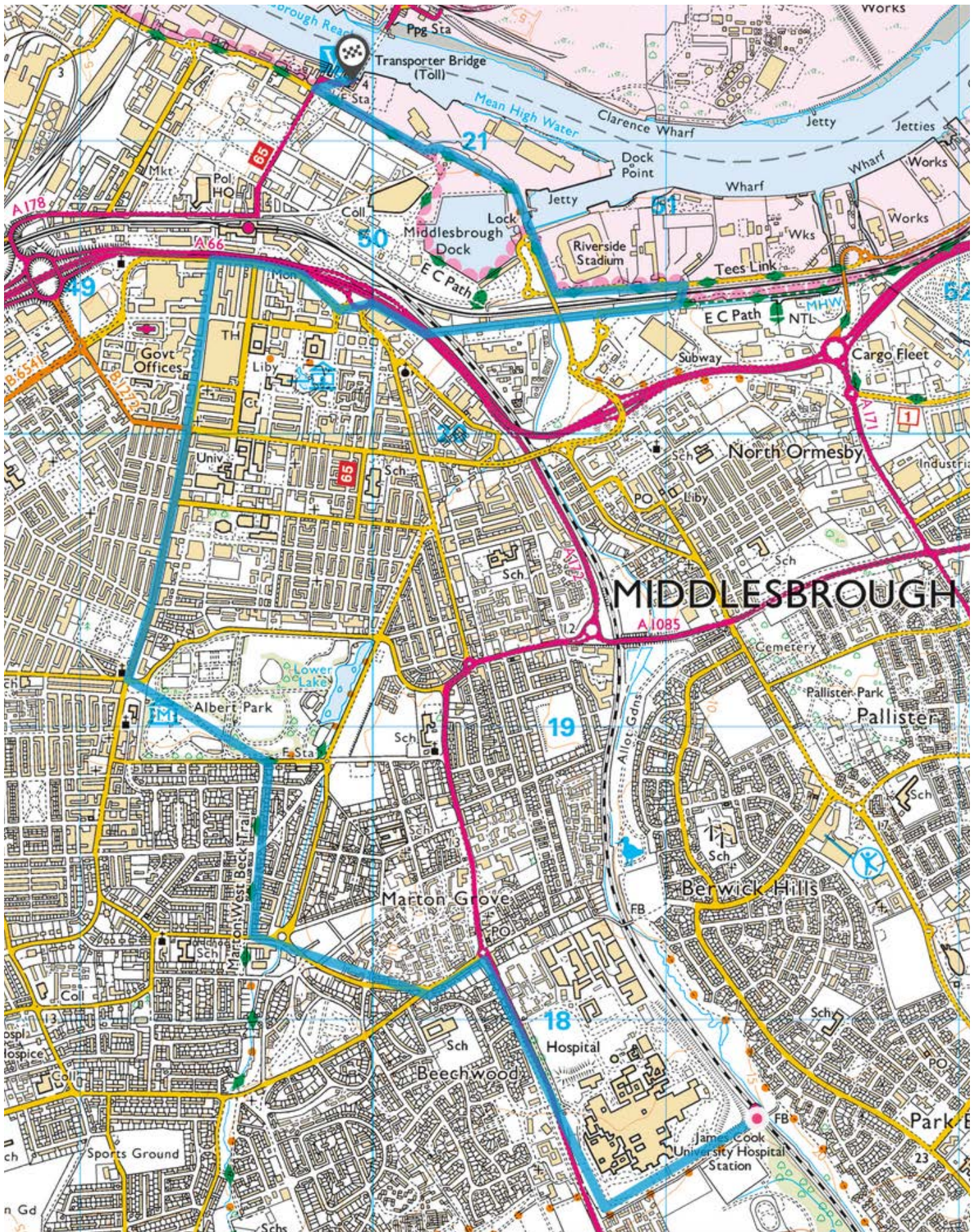
Start

Finish



Blue line indicates walking route

Day 1: This document and GPX Files are available to download at www.BluebellBus.org.uk





Sunday 13th September: Day 2

START: 10am South Side Transporter Bridge

VIA: England Coastal Path past Bowes Industrial Estate, turn right past Dawson's Shed to walk along the Tees River to New Port Bridge, Haverton Hill Rd, A1046 Port Clarence Rd, Port Clarence Offshore Base to Transporter Bridge on the North Side.

END: Transporter Bridge on the North Side.

DISTANCE: 6.4 miles

(Toilet facility: Transporter Bridge south side)



Start

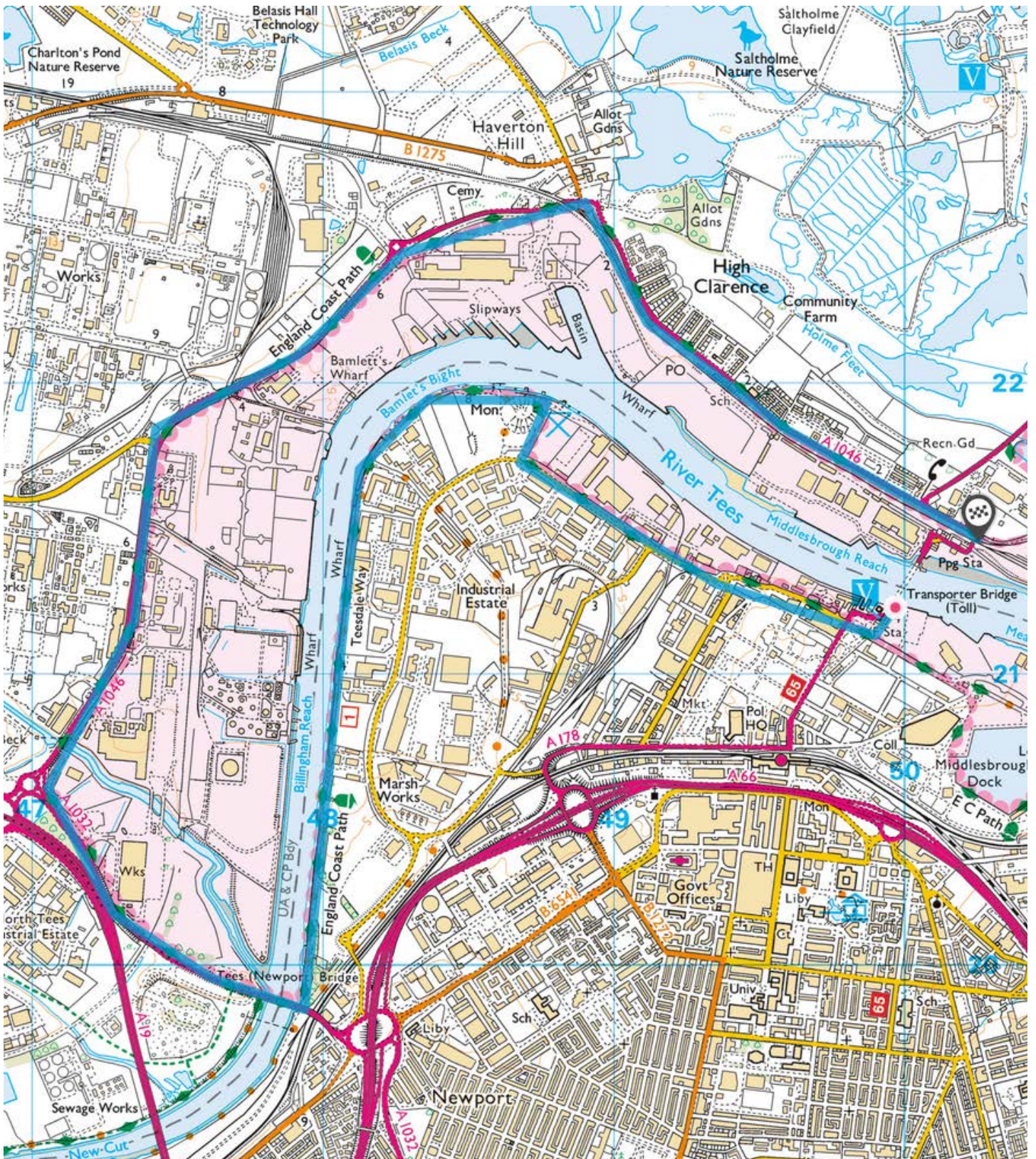


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Monday 14th September: Day 3

START: 10am North Side Transporter Bridge

**VIA: England Coastal Path along A178 to Greathan Creek
(3 miles tea break). Continue along England Coast path
to Seaton Carew.**

END: Clock Tower at Seaton Carew Promenade

DISTANCE: 6 miles

(Toilet facility: Clock Tower at Seaton Carew Promenade)



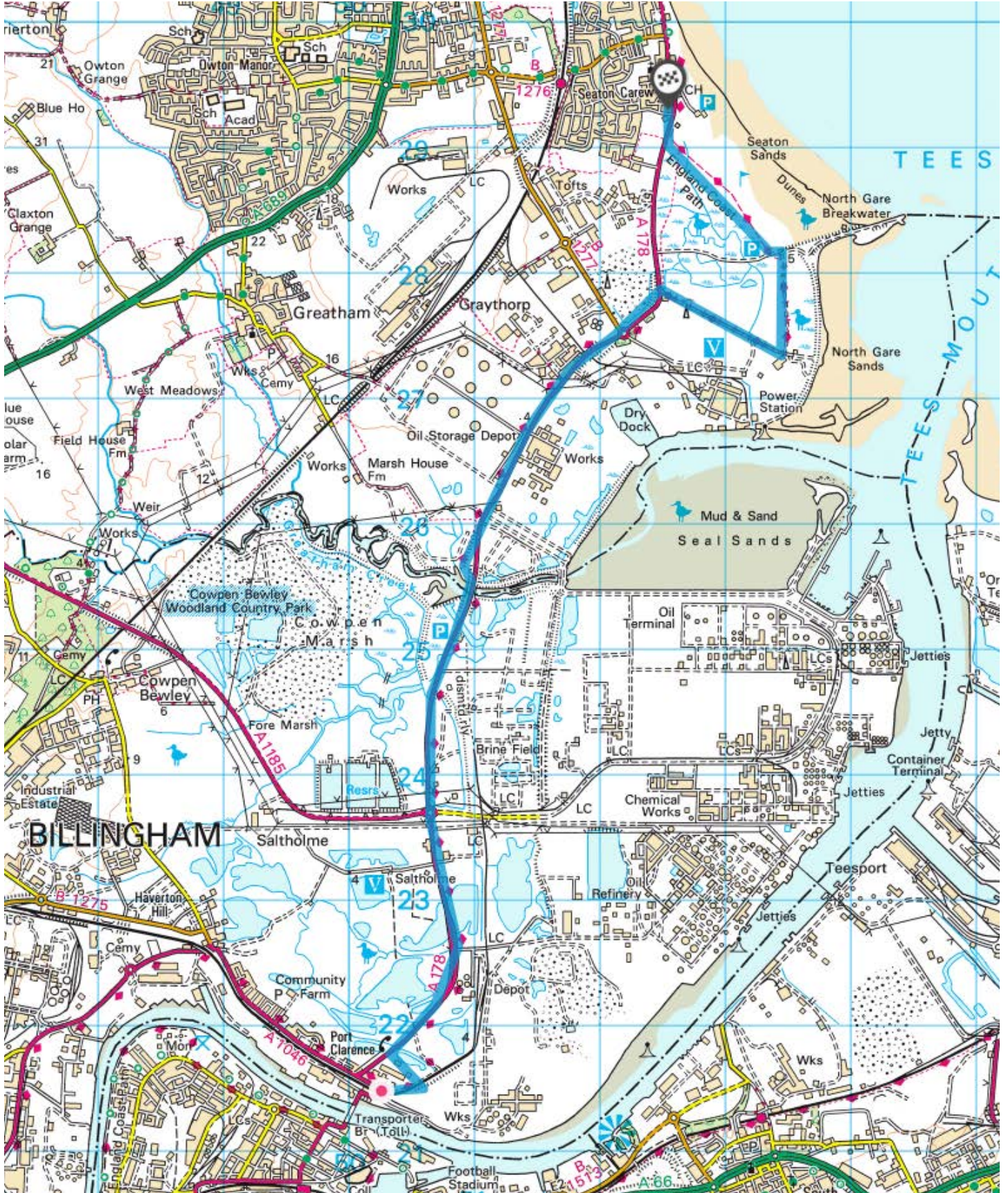
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Day 3: This document and GPX Files are available to download at www.BluebellBus.org.uk





Tuesday 15th September: Day 4

START: 10 am Seaton Carew Promenade (Clock Tower)

VIA: Walk along the seafront promenade (England Coast Path) past Sheesh Mahal restaurant and National Museum of Royal Navy, Hartlepool. Possible tea break at the Headland.

**END: The Heugh Battery Museum, Hartlepool
(just beyond the Hartlepool breakwater.)**

DISTANCE: 5.5 miles

(Toilet facility: Just beyond Sheesh Mahal and Heugh Battery Museum toilets)



Start

Finish



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Day 4: This document and GPX Files are available to download at www.BluebellBus.org.uk





Wednesday 16th September: Day 5

START: 10 am The Heugh Battery Museum, Hartlepool

VIA: England Coast Path, past Hartlepool Golf Club

END: Crimdon Dene Caravan Park public parking A1086

DISTANCE: 6 miles

(Toilet facility: Possibly Hartlepool Golf Club)



Start

Finish



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Day 5: This document and GPX Files are available to download at www.BluebellBus.org.uk





Thursday 17th September: Day 6

START: 10 am Crimdon Dene Caravan Park public parking A1086

**VIA: England Coast Path (also Durham Coast Path),
Horden Point, Shot Rock, Foxholes Dene**

**END: Grant's Houses (just before Easington Colliery)
at Fox Holes Dene**

DISTANCE: 6 miles



Start

Finish



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Day 6: This document and GPX Files are available to download at www.BluebellBus.org.uk





Friday 18th September: Day 7

**START: 10 am Grant's Houses
(just before Easington Colliery) at Fox Holes Dene**

VIA: England Coast Path Nose's Point

**END: Seaham Harbour Marina (Flamingo Café Parking)
at Marina Activity Centre**

DISTANCE: 5 miles

(Toilet facility: Seaham Harbour Marina)



Start

Finish



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Day 7: This document and GPX Files are available to download at www.BluebellBus.org.uk





Saturday 19th September: Day 8

START: 10am Seaham Tommy Statue

**VIA: England Coast Path, Vane Tempest Beach,
Grangetown, Hendon Beach, walk along the A1018,
across Wearmouth Bridge in Sunderland.**

END: National Glass Centre Car Park, Sunderland

DISTANCE: 6.5 miles

(Toilet facility: Seaham Harbour Marina, Glass Centre in Sunderland)



Start

Finish



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Day 8: This document and GPX Files are available to download at www.BluebellBus.org.uk





Sunday 20th September: Day 9

START: 10 am National Glass Centre car park, Sunderland

**VIA: England Coast Path, Sunderland Marina,
Roker Lighthouse, Seaburn Promenade,
South Bents, Souter Lighthouse**

END: Souter Lighthouse car park, Whitburn

DISTANCE: 5 miles

(Toilet facility: Seaburn Beach)



Start

Finish



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Monday 21st September: Day 10

START: 10 am Souter Lighthouse car park, Whitburn

**VIA: England Coast Path, Marsden Rock,
The Bents, Dunes Adventure Island, Pier Head.**

END: Pier Head car park, South Shields

DISTANCE: 4 miles

(Toilet facility: Marsden Rock, Sand Dancer near Colman's Restaurant, Pier head)



Start



Finish



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Day 10: This document and GPX Files are available to download at www.BluebellBus.org.uk





Tuesday 22nd September: Day 11

START: 10 am Pier Head car park, South Shields

**VIA: River Tyne Trail, South Shields Sailing Club,
Shields Ferry Crossing, Customs House,
Port of Tyne, Jarrow Hall, Hebburn Metro station car park.**

END: Hebburn Metro station car park.

DISTANCE: 7 miles

(Toilet facility: Pier head)



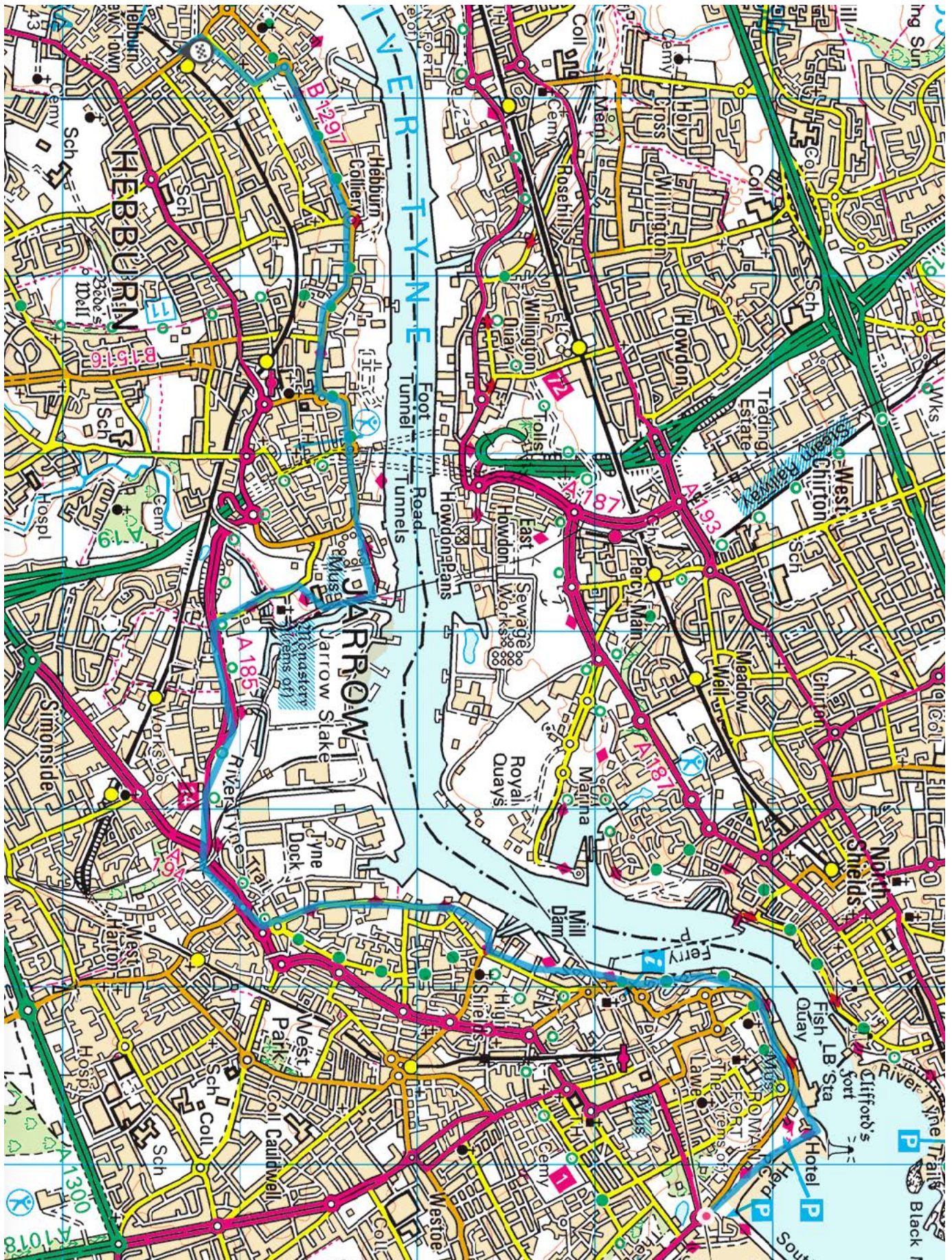
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Day 11: This document and GPX Files are available to download at www.BluebellBus.org.uk





Wednesday 23rd September: Day 12

**BRIAN AND CHERYL ARRIVE
BACK AT THE BALTIC!!**

START: 9 am Hebburn Metro station car park

**VIA: River Tyne Trail, Bill Quay Farm, Felling Shore,
Keelman's Way, Jury's Inn (turn right),
Baltic Centre for Contemporary Art**

END: Baltic Centre for Contemporary Art

DISTANCE: 5 miles

(Toilet facility: Baltic Centre)



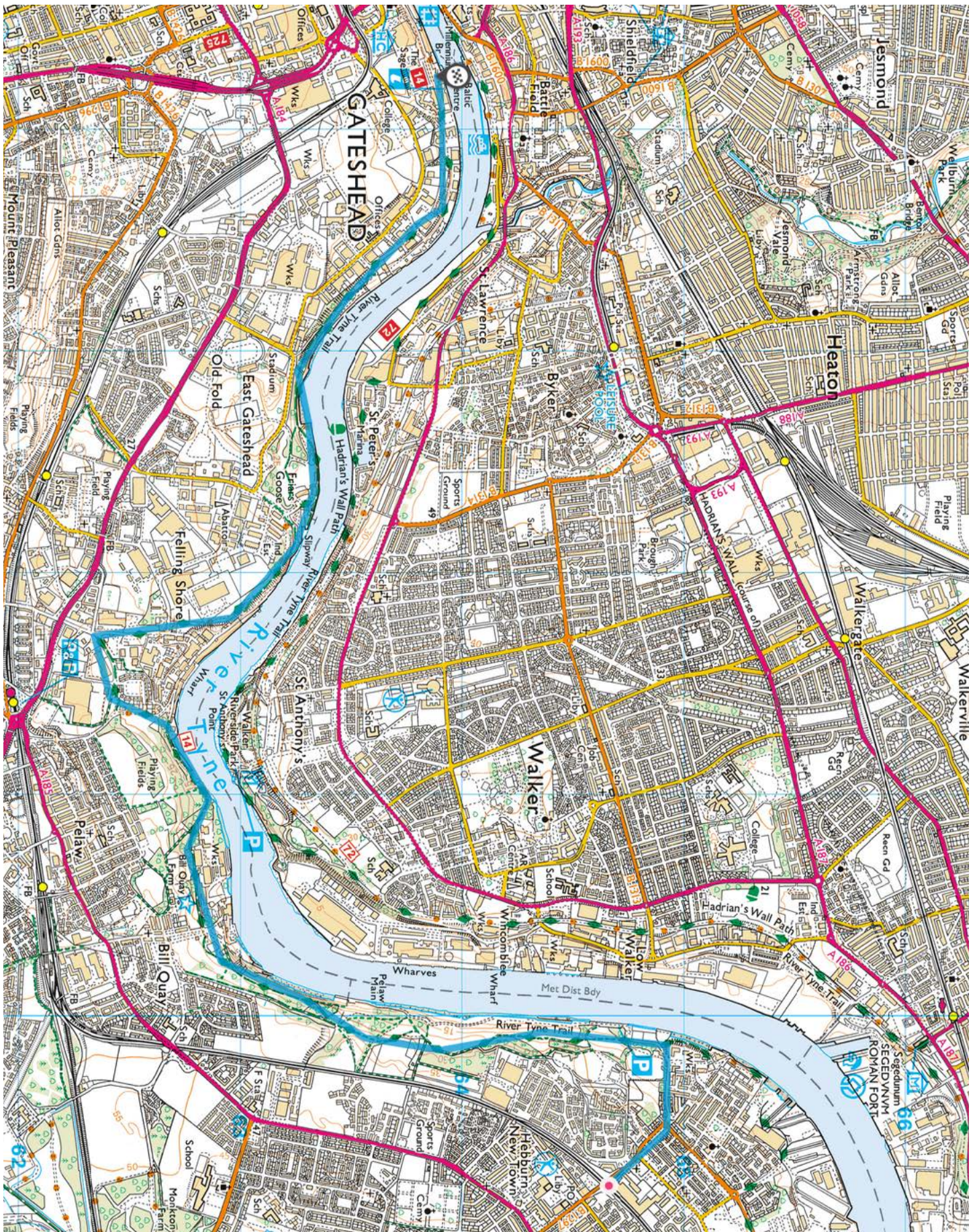
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Thursday 24th September: Day 13

**LAST DAY OF THE 7,000
MILE COASTAL PATH WALK!!**

START: 10 am Baltic Centre Newcastle

**VIA: Millennium Bridge, Quayside, Dean Street, Grey Street,
Northumberland Street,
Kings Walk Newcastle University Grounds,
across Town Moor, Blue House Roundabout,
Jesmond Dene Road, Matthew Bank, Castle Farm Road,
Freeman Hospital Main Entrance**

END: Daft as a Brush car park at the Freeman Hospital

1pm refreshments: Paddy Freeman Car Park

DISTANCE: 6 miles

Finally...Welcome back home to Daft as a Brush House

**VIA: Freeman Road, South Gosforth Roundabout,
Hunters Road, Metro Bridge, Past Gosforth Golf Club,
Bridle Path, Daft as a Brush House!**



Start



Finish



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