# SINEWS



Incoming President Teresa Doherty presents Past President Vi with her PP badge.

#### Reflections on a Presidents Year. 2015 - 2016.

My year as President of the Bangor club was one that not only enriched my life as a Soroptimist but also provided the opportunity to develop club activities and start to make use of social media. Programme Action is really at the heart of all we do in our club and to this end we were able meet all the six key areas.

#### Food security and Health care-Economic empowerment



Rachel Surgenor provided us with the opportunity to hear about the Fair Trade movement and purchase products which support this business enterprise. This was followed up by some members, myself included attending the Fair Trade breakfast in the Red Berry café in Main St where the guest Speaker shared with us his experience of co operative farming in Malawi The system employed allows the community to grow and prosper through improved health care and education both of which are funded from the profits made by this co- operative.

#### **Learning Opportunities**

The public speaking competition provides local girls with a platform to show case their ability to speak out on a range of topical

As a result we are challenged in our views and opinions of life in the 21st century.
Our support to Open
Schools world wide is an example of helping to meet the learning needs of children in a complex and



### Future Speakers and Events 2016/7

Meetings start at 7.30 Executive Committee 7.00

#### September

Ballywalter Rd Millisle
14th Business meeting
24th Regional meeting Bangor Abbey
28th Speaker Prof George Beale
St Columbanus-from Bangor to Bobbio

3rd President's Afternoon Tea

#### October

12th Business Meeting 26th Speaker AnneDunn Ainduna Unique Jewellery

#### **November**

4th-6th SIGBI Conference Malta 9th Business Meeting 23rd Public speaking Club heat

#### December

14th Business Meeting International President's Appeal Educate to Lead - Nepal Mulled wine and mince pies

#### January 2017

11th Business Meeting
25th Quiz Helen's Bay Golf Club
Silent Auction of Promises closes

#### STOP PRESS

75th Miscellany Booklet available from Joan Smyth or Helen Baird

Over £300 donated for Breakfast at the Bay. Half to Londiani appeal.

Don't forget President's Afternoon tea 3rd September. Limited parking so share transport.

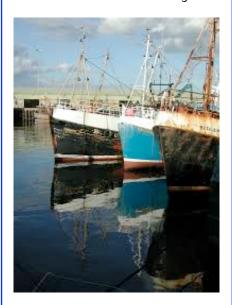
#### Violence and conflict

Hazel Holmlund kept us updated in the desperation of the Mediterranean Boat people trying to escape horrific living conditions in their home countries. Sadly, even after a successful escape life would still take on other perilous experiences. For example, human trafficking, a particular criminal activity here in Ireland. Our renewed association with NDWA in Bangor is giving us the opportunity to support Victims of domestic violence locally. Beth Scott of ND Woman's Aid reseives a donation from the Club.



#### **Environmental sustainability**

The Kilkeel Fishermens Wives through their



unique approach to the Northern Ireland Fisheries are actively supporting this local based industry.

We learned about the pressures on family life and the challenges of just making a living out of sea fishing.

The women helped us to make a difference by selling locally sourced Sea food on the night but also in how to cook it up too. Best bit of Smoked haddock I ever tasted !! I hope Mc Keowns have seen an upturn in trade.

#### Educate to lead for global impact

The continued support for the G4G Londiani project in Kenya in partnership with the Cork club is truly remarkable. While we were all very disappointed that it did not make it to the Federation short list, I have every confidence that it will continue to grow and expand and will in the fullness of time reap many rewards.



#### Special highlights of the year

I enjoyed every bit of my year, and this comes with thanks to all our members for their support and encouragement during my term in office. Personally, both the SINI and SIGBI conferences were very special. It is really worthwhile supporting these events . The programme of speakers were all first class and so in tune with the ethos of Soroptimism.

I am delighted we added some new members to the club and hope that recruitment will show an increase again this year.

Celebrating Eileen Manns 60years of service and enjoying our social / fundraising activities showed me how blessed we are to call each other 'Sisters'.

Enjoy a good long , warm summer., Vi

### Recent speakers and activities

Tai-Chi with Pamela McNutt



Ruth Laird. Prison Parole Commissioner



Assisting with Guides Lorne walk



## Summer Outing to Castle Espie







## 70th Celebrations and Events



## 70th Anniversary Charter Lunch Royal Ulster Yacht Club 7th May 2016

