# SINEWS



New Joint Presidents Anne and Ann with Immediate Past President Teresa.

Their theme for the year is 'Forward Together'.



The new Presidents with the Joint Presidents elect, Vi Bowler and Beth Scott.



A relaxed Minute Secretary Elisabeth, President Teresa and Correspondence Secretary Pat at their last meeting. NB The green jug was for the WaterAid collection

## **Future Speakers and Events**

#### 2017

Meetings start at 7.30 Executive Committee 7.00

#### **April**

12th Business Meeting
Discussion on Sustainable Goals:
Anne Lovell
26th The Linenhall Library:
Julie Andrews

#### May

10th Business Meeting
Discussion on Flourish:
Jill Robinson
Sat 13th 6.30 for 7.00
Charter Dinner
Helen's Bay golf Club
19-21 North South Conference
24th Club Outing:
Anne Lovell

#### **June**

14th Business Meeting
Discussion on Domestic Violence:
Women's Aid
28th Horse Therapy:
Samantha and her pony

#### September

2nd Coffee morning13th Business meeting27th Behind the Headlines:Kathleen Gallagher BBC





Club members will greatly miss their friends and former Club Presidents Sheelagh Simms and Laura Gilbert who passed away in recent months.

### **FUNdraising**





**Auction of Promises** 





**Babysitting** 

**Giving lifts** 





Sale of jams, bulbs and plants



**Knitting** 

Breakfast, lunch and supper parties.





**Celebration Recipe Book** 

And a generation donation from a retired member



#### **Donations**

Brighter Communities Worldwide





North Down & Ards Women's Aid

#### **Simon Community**

Donation to Simon in lieu of rent to the Green Party Office used for recording the Talking Newspaper



Freedom from Fistula





International President's Appeal

**WaterAid** 





Belfast Street People





#### A Letter from Maria Brighter Communities Worldwide - formerly Londiani

Girls for girls is on the up and up, with 2 new communities joining the programme during the month of March, and a further 10 new schools joining as well. We hope by working with women in the community (and eventually men too!) we can help break the taboo surrounding menstrual health in these communities. It's going well so far, so we keep our fingers crossed.

We travel to uganda on Thursday for 10 days to begin work in two schools there – both the healthy schools and the girls for girls programme. The team here is very excited about bringing their learnings further afield and sharing with new communities! Will let you know how it goes.

And so the journey continues! Thank you for your continuing support and friendship on this journey – it is hugely appreciated. It's always an encouragement to know that women around the world support us here in Londiani. It means a huge amount.

Please pass my greetings to all in Bangor Club – I hope the Club members had a good start to the year!

Thank you once again,

Asante Sana!

In friendship, Maria

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#### ACTION and ADVOCACY THROUGH PROGRAMME ACTION

# White Ribbon Campaign to end violence against women

Members of the Bangor PAC attended the White Ribbon Ambassadors Launch, hosted by Lord Morrow in the Long Gallery, Stormont. Bangor members made up 100 white ribbons for the event.





Irene Miskimmon represented us well on the John Toal show in talking about the impact of domestic violence and what requires to change.

FGM (Female Genital Mutilation) has severe health consequences that can last a lifetime. We continue to try and work with Northern Ireland Assembly members to ensure that this is a policy matter across different department which requires to be eradicated. We also lobbied for multiagency guidelines for responding to this for midwives and others in Northern Ireland.





Marie Robinson and Valerie Miskimmon continued to encourage us to give food aid support to Storehouse, including hampers at Christmas time.

#### **PUBLIC SPEAKING COMPETITION**

#### Regional Public Speaking competition.

Tavisha Sood, winner of the Bangor heat was well supported by Club members nine of whom travelled to Hillsborough in February for the final.

Though not the winner Bangor members were really proud of her performance.

