"Surround yourself with only people who are going to lift you higher."

— OPRAH WINFREY

Payment

Cheques in £GBP payable to Soroptimist International

Payment to First Trust Bank Sort Code 93-80-33 Account Number 45930023

Got questions?

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Price List

FRIDAY

Friendship Supper Music by Cadenza £25

SATURDAY

Conference
Early Bird (by 31 Mar) £55
Late Registration £65

Lunch (Soup & Sandwich) £10 Suicide Awareness (Cert) £10

Gala Dinner £40
Music by The Brokers
Dance Show by Celtic Storm







The 53rd Annual Joint North-South Conference 10th -12th May 2019

BURRENDALE HOTEL, NEWCASTLE. CO.DOWN

Hosts

President, Soroptimist International of Northern Ireland Catherine Milhench

SI Downpatrick & District

National President, Soroptimist International of Republic of Ireland Darina Dolan

SI Athlone

Choose Kind

The theme of the conference is Choose Kind. Building on the SIGBI Campaign "Think on it!", President Catherine's theme "Activ8" & President Darina's theme "The Power of One", this conference centres on Mental Health. compassion and empathy, celebrating our work as Soroptimists and challenging us to be able to reach out, better understand and support those in need.



Programme

Friday

Golf

Rockmount Golf Club £35 Includes Tea , Coffee & Scones on arrival, 18 holes of golf & 2 course lunch

Friendship Supper £25 2 Course dinner and Music by renowned local choir Cadenza, directed by Michael McCracken

Saturday

Conference Speakers

Margaret Ritchie is a Former MP, a Consultant and an Honorary Soroptimist. Margaret will chair a panel discussion on Mental Health before being interviewed herself about her journey through Breast Cancer.

Ailish Teague works with her husband, Manus, to run Life Changes Changes Lives (LCCL Pop-Up Art). The project is an aftercare service for those affected by Mental ill health and addiction using Art Therapy and Counselling. Suicide Awareness Training (Optional)
Suicide in Ireland and Northern
Ireland is a worrying statistic with few
families and communities left
unaffected. This training will be
delivered in the afternoon by Ronan
Gilchrist and team from ALPS – All
Lives are Precious and will include a
certificate of completion – £10

Gala Dinner £40 5 Course Dinner with world class entertainment from Celtic Storm. Celtic Storm is a professional Irish Dance Troupe led by World Champion dancer and former Dance Captain of Michael Flatley's Lord of the Dance, Josephine Brennan- King.

Music and dancing to follow by The Brokers.

Sunday

Close of Conference Tea /Coffee Ecumenical Service