

Club Newsletter

September 2020



Programme Action Report

August and September have seen some exciting things going on behind the scenes for SI Nottingham Programme Action.

Firstly, after a Programme Action committee meeting it was decided to delegate responsibility for all our PA project's to individual committee members. Programme Action is such a huge responsibility Lisa and Lynda felt it prudent to give individuals the opportunity to run their own mini projects. At this point we must take the opportunity to thank Barbara for her time as PA officer and managing this mammoth task for so long to such a high standard.

The list of project leaders follows.

- **Toilet twinning** -Sue M has twinned toilets with Nottingham Central Women's Refuge, The £243 needed to twin a toilet block in Pakistan has been raised and sent off.
- **Liaison with Action Aid Sponsored girl Naisoi.** Perdita has sent a postcard to Naisoi with our Zoom meeting picture to introduce us all,
- **Responsibility for contacting individual refuges.** Resil, Irene & Margaret
- **Emmanuel House** Clare is managing communication with Emmanuel House.
- **eBay Auctions.** Both Lisa and Lynda continue to oversee the charity auctions on eBay and so far have raised £157 with funds still continuing to be raised.

- **Coordinating Sponsored Welcome Pack/moving on packs.** Lisa. September saw our first 6 sponsored Welcome packs go to a refuge. Lisa met with Herbie's Hemps to pick



up the packs and took them to Margaret along with some towels to distribute. Along with the packs our SI Nottingham infographic was included and hopefully during our next face to face meeting we should be able to write little cards of encouragement to include in the packs for the recipients.

- We currently have 3 fully paid sponsors and are waiting for funds from 2 more and the promise of support from 3 others. So far, the project has been

really successful.

- **Red Box Items for George Spencer School-** Audrey
- **Interviews at Emmanuel School** - Margaret O
- **WeRHere** - Mary D
- **Sewing masks and/or linen bags** - Lynda C
- **Student Journalist Prize** - Audrey

Margaret's moment

A meeting was held with SIMER (Soroptimist International East Midlands) as Speaker Jasmit Phull speaking about arranged marriage– not only did we enjoy it, but it seems Jasmit did as well, going by her email below. (*Jasmit has lived happily in an arranged marriage for many years (Ed.)*)

“Dear Margaret and all members of SI Nottingham,

Thank you very much for the beautiful surprise of these lovely flowers.

I thoroughly enjoyed the evening in your company on zoom. You are a lovely bunch and I send my very best wishes, for your continued success in all you do as Soroptimists. Keep up the good work!

SI Nottingham is an inspiration to all other clubs in the region. At SI Lincoln zoom meeting yesterday, **I mentioned about the vibrance and positivity I felt, when I gave a talk to you all on zoom.**

Thank you once again. In friendship Jasmit Phull JP, President SIMER”
Highlighting mine! -Ed.

Viv's Moment.

The next social gathering has just been confirmed. **On Monday 26th October**, Dr Alison Edgley, Associate Professor, Director MA Research Methods, School of Health Sciences, The University of Nottingham, will give us a ten / fifteen minute talk about meditation and following that will give a practical session of Mindfulness for us to take part at home.

Region News from Perdita -

Report on Zoom social region meeting

Jasmit Phull the Region President arranged a social meeting for the evening of 21st August.

36 members joined, including members from our club. The Speaker was Judy Theobalds a journalist and, before her retirement, a presenter on Radio Lincoln.

She told us that from the age of 7 she had wanted to be a journalist and not go into one of the usual professions for girls of her generation i.e. teacher nurse or secretary. She took a secretarial course, which she hated. However, she was glad to have learnt shorthand, an art that is now dying out. *(NB it is still taught to the Journalism students at NTU – ED)*

It took her 17 years to achieve her desired job as a reporter. In the meantime, she ran a Poetry Section at the Lincolnshire Echo followed by articles entitled “A View from the Ironing Board and Life and Other Problems”.

Her talk was to have been followed by a Sing Along of various songs chosen by Jasmit but unfortunately Zoom was unable to cope and a rather hideous cacophony ensued, so the meeting had to finish.

Social - Save the Day!

Club Charter 2021 - put it in your diary-Charter Tea

The Club Charter celebration will be Afternoon Tea at Colwick Hall, 2.30 to 5pm on Sunday 28th March 2021.

Partners and guests are welcome. We will be sending an invitation to other Clubs in the Midland East Region.

Kadie Kanneh-Mason will be our guest speaker.

The price will be £20 per head, as the room hire and other costs will be covered from savings allocated from the Club Budget and Jasmit Phull's donation.

Any dietary requirements can be catered for.

The final decision and collection of money will depend on the Covid-19 situation and it will only go ahead if it is safe to do so; but it would be helpful if you could let me know if you will attend and number of guests by the end of October. We have provisionally booked the ballroom which requires a minimum number of 50.

A booking form is attached to the Newsletter.

Other events from Viv

1. Christmas meal – via Zoom
 - Have your food and a drink ready
 - Charades
 - Christmas jokes

21st December

**Women inspiring action,
transforming lives**

And for after Christmas:

1. Photography on a theme. E.g. winter, with photos emailed to Ann to be displayed and voted on.
2. Critique of a film or programme watched by us all.
3. CHARTER TEA: 28th March 2021 at Colwick Hall - See above

And Finally -

A contribution from Sue M rather than myself this month. One of the poems Sue wrote during lockdown. Thank you Sue for this contribution.

Mirror

Silver-backed glass, framed in wood or in gold
The mirror reflection is never that old.
It is only a glimpse, a moment in time
A look that might cause you to think, "who am I?".

The whole view is there for you to glance or to gaze
As change it must do, each moment, all days.
You're seeing yourself as you think others do
But only you see with YOUR brain and eyes too.

It matters not that you have wisdom lines there
Or silvery streaks showing up in your hair.
What's important is making the time to take in
The beauty that lies in your heart, deep within. ❤️

Sue McF Aug 2020

Keep Safe

Audrey