

Club Newsletter

October 2020



Programme Action Report

Programme Action and UN Sustainable Development Goals

With Covid restricting so much of our normal PA it is encouraging to see how so many of you have embraced our new reality and contributed to our projects whether by liaising with our partners, sewing, buying porridge pots or clearing out stuff for Ebay. A massive thank you to all!!

Refuge support (SDG 3 and 12; Good health and Well Being and Responsible Consumption and Production)

We have now delivered 12 of our new sustainable **Welcome packs** to the refuges. Lisa is working on how to make our **Moving On** packs more sustainable.

At the moment, the packs are being made up by Herbie's Hemps to our specification. This benefits us during lockdown. Once we get back to face to face meetings, we have plans to get everyone in the club involved, either by filling the containers from bulk buys and/or by assembling ready filled containers into the toilet bags ourselves – as in the old days. We can also encourage members to write cards of support for each pack.

So far, £1,225 of sponsorship has been raised from 5 different sponsors. If you think you know an organization or individual that may agree to sponsor us, please contact Lisa or Lynda.

Journalism Award (SDG 4 and 5; Quality education and Gender Equality)

Audrey has initiated plans with Nottingham Trent University for this new academic year, culminating in giving two awards in July 2021. A bit more fund raising needed

Toilet Twinning (SDG 6; clean water and sanitation)



SueMcF presenting Toilet Twinning Certificate to Eva, Refuge Service Manager



Sue McF has successfully twinned our first toilet block with Central Women's Aid. We nearly have enough funds to sponsor another block and Central have another toilet so watch this space **Action Aid Sponsorship of Naisoi (SDG 1 and 4; No poverty and Quality Education)** Perdita is communicating on a monthly basis with Naisoi

WeRHere (SDG 3; Good health and well being)

Mary D continues to keep their garden in order and will shortly undertake winter and spring planting

Masks (SDG 3; Good health and well being)

Our dedicated swarm of sewing bees are continuing to sew masks for Treetops and WeRHere. More masks – and bees- needed

Ink Cartridge collection (SDG 12; Responsible consumption and Production)

Ann C has sourced a new means of collection; cardboard collection boxes to be placed either in your home or a public place. Any suggestions/offers to place a box? See Ann's note on the next page.

SAFE Webinars (Safe Awareness Freedom Education) (SDG 3; Good health and Well Being)

Clair C has held numerous on line sessions for SAFE who are a service SI Trust have been supporting that deliver holistic and integrative one to one or group therapy services to survivors of relationship violence, each lasting approx 1 hour and has subsequently reached and helped 22 women!

Generally, we have raised £243 on Ebay

Our next BIG THING – do we participate in a Tree Planting Project to celebrate the SI Centenary? Please read the papers previously circulated and we will debate on 2nd November

Note from Ann

Recycle 4 Charity

Recycle 4 Charity is moving from collection envelopes to collecting boxes, because of increases in postage costs. *The current envelopes must not be used after the end of this year.*

However, the number of cartridges that they pay a donation for, has more than doubled. Their Wanted List now has more than 300 original and remanufactured ink cartridges eligible for donation meaning more money raised.

Donation values are now up to £2 per ink cartridge. They estimate the average donation will increase by 25%.



There will be a collection box available at club meetings, if you want to save your cartridges till we meet again.

Or, you can go onto the website www.recycle4charity.co.uk, search for Soroptimist International Nottingham (or **Club reference C94117**) under causes and print off a pre-paid label or order your own box. Labels can be attached to small boxes and envelopes which can then be posted at your local Post Office.

Each consignment will need to generate a minimum donation value of £2 to qualify for a pre-paid label (price for each cartridge is available on the website).

We can now set up Public Collection Points which would raise funds and also raise awareness about Soroptimists. They could be in shops, offices, hairdressers, etc.

Club members could ask somewhere they go regularly to have a collection box. That member would then be responsible to keep checking the box and post off when full.

If the shop is willing to be a Public Collection Point then the site would be findable on the website (when someone searches for their nearest site) with opening hours and any instructions.

A possible flyer, for members to use when talking about the project is attached to this Newsletter.

Exec Report

- **Region Calendar**

These have now been circulated

- **Issues from Club Meetings and Events**

Team work 19th October

Clare C lead the session for about 30/40 minutes followed by club business. It left us all guessing the personality types in the club – are we diamonds, emeralds, rubies or pearls? Many thanks to Claire for doing the talk.

The **mindfulness session on 26th October** lead by Dr Alison Edgley was well supported and appreciated by all.

Viv has agreed to chair the **social meeting on 21st December** (See below).

Margaret's Moment.

Meetings November – April 2021

The programme of meetings from now until the AGM has now been finalised. It is attached to the Newsletter as a separate file, so that it can be printed off in isolation.

Next meeting Monday 2 November, a PA evening.

Region

Perdita has reached the end of her second term as Region Council Representative. The Committee expressed its warm thanks to Perdita for all the work she has done in this role. Daphne has agreed to replace her at the start of the Region year in November.

Social - Save the Day!

Club Charter 2021 - put it in your diary-Charter Tea

Sunday 28 March 2012 at Colwick Hall

Other events from Viv

- Christmas meal – via Zoom
 - Have your food and a drink ready
 - Charades
 - Christmas jokes
- 21st December**

And for after Christmas:

- Photography on a theme. E.g. winter, with photos emailed to Ann to be displayed and voted on.
- Critique of a film or programme watched by us all.
- CHARTER TEA: 28th March 2021 at Colwick Hall - See above



- Birthdays in November

No birthdays in November – if you have one you are not on the list – let me know!

Keep well and Safe

Audrey