

Instructions for making Breast Cancer Comfort Cushions.

- For each cushion you need 2 pieces of pre-cut ribbon - 56cms/22inches long
- See diagram below referring to places A B C and D
- On the right side of one cushion piece attach a length of ribbon to place A and the second piece to place B
- Place the second cushion piece over the first piece (containing the ribbons) right side (RS) together
- Pin together.
- Seam allowance is 0.25cms
- Machine around the edge starting at point C and finishing at point D
- The gap between points C and D is used for filling the cushion.
- Turn cushion inside out and press
- Fill the cushion with hypoallergenic stuffing and hand stitch the gap between C and D

