**How to make a Twiddle Muffs?**

**Muff Cuff:**

* Cast on 45 stitches using 2 strands of double knitting wool or 1 strand of chunky wool.
* Stock stitch (knit a row, purl a row) for 28 cm or 11 inches.

**Muff body:**

* Continue in stocking stitch for another 58 cm or 23 inches using different wool colours and textures as you go, (chenille, snuggly, chunky)
* Cast off

**Finishing and decorating:**

* Sew **long edges** together with the purl side up
* Turn the muff inside out.
* Push the cuff inside the muff ’s body and neatly sew together the two **short ends**.

**Decorating:**

* Ideas include ribbons, beads, flowers, buttons, loops, zippers, buckles, pompoms, pocket for a hankie – use a good variety
* Decorate the inside and the outside of Muff with colourful items in different textures.
* Try to include at least six decorations on the outside and four on the inside. You can add more if you like.
* Make sure everything is sewn on tight so they cannot be pulled off and that there are no lose threads

Some examples of twiddle muffs -





