



**Event: Because Women Are Worth It!
8th March**

Venue: Women's Centre, West Mill Street, Perth PH1 5QP
Time: 10.30 – 15.30

Cost: £ 5.00 (Pre-booking essential. Call Marie Jackson 01738 472 569
Working Hours: Mon 8.45 – 4.15, Tues 8.45 – 5.00, Wed 8.45 – 4.15,
Thurs 8.45 – 4.15, Fri 8.45 – 12.45)

Details: Soroptimist International (SI) Perth www.sigbi.org/perth is an organisation which strives to improve the lives of women & girls locally, nationally & internationally through education, empowerment and providing enabling opportunities. SI Perth is delighted to join with the One Stop Women's Service (OWLS) which is part of the criminal justice service supporting women in a whole variety of ways locally, to note International Women's Day. Recognising all of the different challenges presented to women today and that they often put other's needs before their own, we want women to have a short break away from their normal routines & demands on their time, to have a short beauty or therapy 'treatment', because they deserve it. Yoga - Head & Neck Reiki - Hand Massage & Nail Painting - A cuppa & cake - Because women are worth it!

