

President Alison's message

Inside Out and Outside In



WHAT A BUSY month I've enjoyed! Most of my visits to various events included a meal (oh dear that waistline!).

I enjoyed a very pleasant informal supper at the Rosemead restaurant in Folkestone; a 90th birthday tea party for Bromley's longest serving member (page 03); and two lunches hosted by the Presidents of Sevenoaks and East Grinstead.

Also, as mentioned last month, I was head judge at Croydon's Loud and Proud Competition (page 05), a responsibility about which I was somewhat diffident but actually this proved to be a most pleasurable experience

As indeed was the Lewes Film Festival the following day – a really successful event which the club hopes to stage again next year. Finally, I gave an updated presentation on my regional project to SI Whitstable. It was a great opportunity to meet members new to our organization, as well as "returners" and transferees. So interesting as well to see how this recently-formed club ran the business side of its meeting.

In April I will be sharing the ABCD powerpoint at the AGM's of both Tunbridge Wells and Medway and Maidstone. If other clubs would like an update please let me know. This can be shown electronically if you are holding a meeting on ZOOM. As you will appreciate the situation changes daily so I can bring the latest news.

Thank you to all those who attended the regional meeting – 58 members and two guests – great to see so many in the audience. The two presentations were well received and much interest was shown in our regional project (sponsoring the annual salary of Nour, a speech and language therapist in the rehabilitation centre of ABCD's latest partner, the Deir Ammar refugee camp). A detailed report of the presentations and the successful silent auction may be found on page 02.

The answers to the table quiz and the Holy Land Cake recipe (yum-yum) are both now posted on the regional website.

In April we will be holding two study mornings. "County Lines" in Canterbury is filling up nicely – deadline for booking is April 06. So far, only a few have registered for the Brighton event, but in order to give the restaurant a few days' notice, we need final numbers by April 22. Upon registration, you will receive travel directions and sample menus. See page 10 for more details of these and other upcoming events.

I look forward to seeing many of you at these study days, which are not just for Soroptimists, guests will be welcomed too.

YOURS IN FRIENDSHIP, ALISON DRISCOLL

What's in this month's newsletter?



Action around Bethlehem Children with Disability

The Region Meeting held on March 16, saw the launch of the President's Project, page 02.



Byron School raise funds to buy taps, page 03.



Celebrating IWD pages 04, 05, 06 and 07.



Creating international links, page 06.



Easter gifts for the Frailty Ward, page 09.

Launch of the Region President's Project

AT OUR RECENT region meeting, the speakers were from the charity Action around Bethlehem Children with Disabilities (ABCD), with which President Alison Driscoll has been associated for many years.

The charity was started 38 years ago by Val Jourdan, a paediatric physiotherapist who had undertaken a placement in Bethlehem with the Leonard Cheshire Foundation. Val explained that there is a high incidence of disability in Palestine; there are a high rate of complications around birth and early years cases, and checkpoints cause delay in accessing healthcare. In addition, there is very little use of birth control and marriages within communities isolated by Israeli settlements lead to a large number of genetic disorders. There is still a stigma attached to any form of disability, even within families with disabled children and a tendency to hide them away, so without some intervention, Val explained that these children live isolated and unproductive lives.

ABCD, a charity based in the UK, offers a multi-disciplinary approach to therapy within their four centres based in the West Bank, and even in homes for those who cannot access the rehabilitation units. The charity works with local partners to offer education, speech and language therapy, occupational therapy and physiotherapy to the children, but also support to parents, so they can better care for children, many of whom have complex needs. It works with families regardless of faith, race or gender.

Val brought stories of remarkable progress for children with physical and learning disabilities who have been assisted with walking, talking and learning, so that they can take part in community life.

Our second speaker, Firas Sarhan was born in Jalazone refugee camp, but now works in a senior capacity at the National Spinal Injury Centre in the UK. Firas is also a trustee of ABCD and explained that it is fully compliant with UK charity law, and that



its systems and processes are all focused upon supporting the front line work. Firas explained that although a number of medical and therapeutic staff are employed, other specialists give time as volunteers, so that the charity is able to use its modest financial resources to reach a large number of children.

The area of operations has been in turmoil for very many years, and the Palestinian refugee camps, established in 1948 provide high density living conditions which we can hardly imagine, with water and power often cut off, even before the current escalation in hostilities. ABCD have established rehabilitation centres, often attached to health centres, to provide holistic care, but one in particular has been raided by the Israeli Defence Force and all but destroyed (verified by the Independent Catholic News Service).

The charity continues to do all it can to provide care, but also to educate and influence families to take a more open attitude to children with disabilities. They rely largely on donations, which is why President Alison had organised the Silent Auction towards the \$6000 needed to pay the salary of a therapist for a year.

JANET GARNONS WILLIAMS, SI MEDWAY AND MAIDSTONE

Successful Silent Auction raises £1240 for ABCD



PRESIDENT ALISON HELD a Silent Auction at her March Regional Meeting to raise monies for her chosen charity Action around Bethlehem Children with Disability (ABCD). ABCD improves the lives of children with disabilities across Palestine regardless of faith, race or gender.

Planning for the Auction had started many months ago. Clubs from across the Region had been asked to donate 'lots' for the Auction. Jane Barnes produced a catalogue, with information on the 16 lots that were circulated in advance of the meeting with a descriptions and a reserve price for each lot.

The goal was to raise monies to fund a Speech and Language Therapist for a year and then to apply for match funding.

The interim total raised by the Auction was £1240, (with a pledge from a region club of an additional £300) and this sum will be increased as more is to come from the Art by the Seaside lot and a second Murder Mystery Lunch organised by President Alison herself.

The star buy was the beautiful double quilt pictured left. Many thanks go to Jenni Mogridge from SI Bromley for donating this item, which she had made herself, and for being such an able auctioneer. The successful bidder for the quilt was Annette Davies, SI Medway and Maidstone.

President Alison extended her thanks to all those who supported this successful initiative by contributing or bidding for the varied lots.

JANE BARNES, SI MEDWAY AND MAIDSTONE

A Birthday Celebration



SI BROMLEY MEMBER Peggy Duffin recently celebrated her 90th birthday. Peggy, a member for 50 years, has played a huge part in club activities, running fundraisers at her home and maintaining links with the friendship group in Walcheren.

To mark the event, SI Bromley took Peggy (pictured above in the white jumber) for cream tea at Coolings Garden Centre, where we had a very pleasant afternoon.

CHRISTINE THOMAS, SI BROMLEY

Prizes Donated for Easter Raffle in Aid of Water Aid



BYRON PRIMARY SCHOOL in Gillingham have been selling raffle tickets to raise money to buy some taps for schools. This is in association with WaterAid and to link to World Water Day on March 22.

The children at Byron are reminded that water is vital, as well as for hygiene, and this is a great opportunity to enable some children in other parts of the world to have access to both. The school plans to raise £350 to achieve their goal.

To encourage all the pupils to buy tickets, there are multiple prizes for each class. The Medway and Maidstone Soroptimists, who regularly support Byron, donated 37 eggs from members. This included 10 eggs kindly donated by the Community Champion at Morrisons Strood.

We wish Byron School every success and look forward to hearing if they achieve their goal. This will be building on their success last year when they managed to raise enough money to twin 10 toilets that led with our combined efforts to make Medway a Toilet Twinned Town.

JANE BARNES, SI MEDWAY AND MAIDSTONE

Long-standing member moving away



ISOBEL WHITE HAS been a member of SI Sevenoaks for nearly 48 years – our longest serving member! She came to Sevenoaks to teach at Walthamstow Hall School for Girls, and has contributed an enormous amount to Sevenoaks through her teaching and her extensive and varied volunteering.

SI Sevenoaks members were sad to hear that Isobel is shortly going back to her roots to live in a retirement village in Lancashire. A bouquet was presented to Isobel by Club President Pauline Payne, and a lovely cake was shared by members.

Pictured from left are Secretary Jenny Webb, President Pauline Payne, Isobel White and Treasurer Margaret Nicholson.

Isobel, we wish you well and we shall miss you very much!

SANDIE HIGGS, PAO, SI SEVENOAKS

Supporting Eastbourne Refuge



EASTBOURNE SOROPTIMIST CLUB are continuing to support the Eastbourne Refuge. Pictured above are the Easter Eggs donated by club members and the Easter gifts of toiletries for the mother's and children.

Pat Herne, a previous Mayor of Eastbourne supported the refuge as her charity in her year, and I have worked with my Avon representative in supplying toiletries for several years. This time she gave me some additional gifts of lovely Superman and Frozen bubble bath and lotions for the children. The ladies had bags of shower gel and multi-purpose cream, with body spray, perfume and lipstick as an Easter gift.

We will continue to support the refuge with gifts of books and art materials. We also hope to give a gift to each lady as they leave the refuge to take to their new home.

DENISE STAPLEHURST, SI EASTOURNE

Celebrating International Women's Day

East Grinstead Club launches anti-spiking campaign



MARCH 08, INTERNATIONAL Women's Day, seemed an appropriate day for East Grinstead Club to begin its anti-spiking campaign with pubs in and around the area.

President Jane Griffiths and five members distributed 'Zero Tolerance on Spiking' leaflets, round glass covers with a central hole for a straw, and plugs to fit into the necks of bottles.

The Club aims to roll out this project across the town in order to raise awareness and contribute to the stamping out of this very dangerous and illegal practice.
ROSEMARY STONE, SI EAST GRINSTEAD

Inspirational Lunch in Rochester to celebrate International Women's Day

MEDWAY AND MAIDSTONE SOROPTIMISTS got together for lunch in Rochester on March 08 to celebrate International Women's Day. Everyone contributed either bringing food or drink, so we had an enjoyable feast to tuck into. We were joined by Pat Cooper who was a former local Councillor and Woman in the Community Award winner in 2009 for her work on developing the Hillyfields Community Park in Gillingham.

After lunch, Pat updated us on the project and how it had been seen as a model of good practice to be replicated in other deprived areas of the Borough. Also, some of the challenges faced in the current financial climate impacting on further development.

There was then the opportunity for others present to share details of women who had been inspirational in their lives. Women such as:

- Dame Sybil Thorndyke (actor who had strong links with Rochester),
- Mother Teresa (Nun who devoted her life to helping those most in need),
- Lucy Houston (Aviation pioneer and saviour of the Spitfire),
- Miss Frances Mary Buss (Pioneer of girls' education),
- Hedy Lamarr (American actor and technology inventor that formed basis for Wi-Fi, GPS, and Bluetooth communication systems),
- Linda M Scott (American management academic/gender consultant. Wrote 'Double X Economy' – makes the case for



economic change, as research shows enabling equal economic participation by women would lead to prosperity for everyone).

- Nisha Katona (barrister turned Chef and Restaurateur – founded the Mowgli Street Food Indian restaurants and the Mowgli Trust Charity. She hopes that by providing a better environment and support in Northern India, around 3,000 girls aged 6–17 will stay in education and on a path to financial independence.
- Plus inspiring stories of close family members' achievements. An enjoyable time spent with like-minded women reflecting on women's achievements that have improved the lives of women and girls.

JANE BARNES, SI MEDWAY AND MAIDSTONE

Celebrating International Women's Day

Tunbridge Wells Club look at Women's Safety

TO CELEBRATE THIS important day, Tunbridge Wells Soroptimists were joined by the Mayors of Southborough and Tunbridge Wells, several town councillors, representatives from a range of local charities, and the police.

The theme of the event was "women's safety" and it began with an emotional speech from Tricia Bernal MBE co-founder and Trustee of the national charity Protection Against Stalking (<https://www.protectionagainststalking.org>) which offers support to victims of stalking and bespoke training courses for other charities, employers and other organisations.

Tricia's daughter Clare was murdered at work (Harvey Nicolls, London) by an ex-boyfriend whose stalking behaviour was not understood or recognised in 2005. Tricia has worked tirelessly to address this lack of knowledge ever since.

Then followed a panel-led but audience-wide discussion on issues pertaining to the safety of women and girls, both in the physical and virtual worlds. The Mayor of Tunbridge Wells commented afterwards: "[my wife and I] both honoured to be



invited to attend such an important and moving event. We learned a great deal from the afternoon which I think will be one of the most memorable of the mayoral year."

JILL RUDDOCK, VICE-PRESIDENT, SI TUNBRIDGE WELLS

The girls are Loud and Proud in Croydon



WHAT A SPECIAL way to celebrate International Women's Day. On March 08 we held our annual public speaking competition for year 6 girls. Croydon Club were joined by SI South East England regional President Alison Driscoll, who also led the panel and delivered very encouraging words to the delegates during her introduction.

We could not stage the competition without support from our sponsor, Ablemarsh Safety Consultants. Each year Michael Pereira from Ablemarsh Safety Consultants is very proud to be a corporate partner and judge for Loud and Proud.

Support from The Civic Mayor of Croydon, Councillor Tony Pearson, the team at Croydon Town Hall, our esteemed judges and the participating schools and families, helped to make this a wonderful occasion.

Panel member, Shaniqua Benjamin, Croydon's first Poet Laureate, inspired the participants during the reception by sharing her poetry. MP Sarah Jones commented on the ability of the girls and praised them for having the courage to take part in the competition.

Not only does this type of event develop self-confidence and personality, it also helps the girls to play a more prominent role in public life. The girls selected a topic from the following list and presented a speech lasting between 3-4 minutes:

1. What will the impact of Sustainable Living be on our diets within the next 20 years.
2. Embracing different religions and living in harmony.

3. Mental Health and Well-being – what do you do to avoid stress.
4. "If I Ruled the World".
5. What do you think of AI and how will it help you.

Public speaking is never easy. The content produced for their speech, and the presentation skills used to deliver their speeches, were second to none. As delivered by this year's winner Zina whose topic was *If I Ruled the World*:

"The World is like a garden, we are gardeners. We have a responsibility, protect it for us and future generations..."

Thank you to all the participants and panel members.

SHEILA PATEL, SI CROYDON



Celebrating International Women's Day

Sevenoaks members attend Mayor's Lunch



FIVE SI SEVENOAKS members attended an International Women's Day lunch in Sevenoaks, hosted by our Mayor, Cllr Claire Shea (pictured here with SI club members Sandie Higgs and Merilyn Canet).

We had some excellent speakers on aspects of women's lives, including a boxer, two engineers and our local author, Jenny Godfrey, who has her second book on Suffragettes coming out soon.

The event was attended by fifty percent local businesswomen and fifty percent students and young people, the former paying for the latter! A good chance to network for all concerned!

SANDIE HIGGS, PAO, SI SEVENOAKS

Celebrating in style with an evening of music and dance

WHITSTABLE SOROPTIMISTS CELEBRATED International Women's Day with a lively evening of music and dance at the Umbrella Centre in Whitstable.

The aim of the evening was to raise awareness of IWD and of the newly formed club, to present a vibrant image of Soroptimists, and to raise funds for two local organisations which we support; Maya's Community Support Service and our treasured Umbrella Centre.

Members decorated the hall with fairy lights and our Soroptimist banner stood proudly in the corner beside the raffle prizes. Ninety-one tickets were sold and the hall was packed with members, partners and guests who danced the night away to the fabulous local band Project F. The band played a great collection of funky tunes which kept the dance floor full all night and everyone agreed what a great night it was. As they left, many asked if we would organise another one next year.

Unexpectedly, we were treated to a wedding proposal in the interval when Maya took to the stage and proposed to her partner in front of us all. Definitely a first for us and the now engaged Maya and her partner beamed for the rest of the night!

We were delighted that the evening raised an amazing £814 to donate to our causes. Our hard work definitely paid off.



Many thanks to Craig, from the Umbrella Centre, to Maya for providing a first for us with her proposal, and to all our guests for enjoying the band and dancing so enthusiastically!

CAROL TOWNSEND, SI WHITSTABLE & DISTRICT

Tunbridge Wells Soroptimists create new International Links



From left: Anne and Jill with Delhi members Puja Chadua, Meenakshi Dhanda and Veera Mavalwala



Members of SI Calcutta



SI Bombay Chembur. From left: Jill Ruddock, Preeti Pawar, Anne Walter and Yvette Lee.

DURING A RECENT TRIP to northern India, two SI Tunbridge Wells members, Jill Ruddock (Vice President) and Anne Walter (PAC lead), made contact with Clubs in three of the cities they visited, Delhi, Kolkata and Mumbai.

Anne and Jill were warmly welcomed by members of all three clubs and a good time was had by all as they exchanged information about each other's past, present and future

projects, learned more about what life was like for women and girls in India and the UK, and discussed opportunities for future collaboration.

Tunbridge Wells already had a Friendship Link with Kolkata to which they will shortly be adding the Delhi and Bombay Chembur clubs.

JILL RUDDOCK, VICE-PRESIDENT, SI TUNBRIDGE WELLS

Celebrating International Women's Day

An IWD banner designed by women prisoners



'HOLY PORRIDGE', was the title of a presentation given by the Chaplain of HMP Bronzefield at a club meeting in October 2022. This inspired a challenge for the club.

Women from the prison were keen to mark IWD March 08, 2024 in some way. Designs were drawn up by the women reflecting their backgrounds, personalities and general female clothing, and sent to Tunbridge Wells Soroptimists.

Over half of the club were then involved in making the patterns, cutting out the fabric, embellishing and stitching the individual designs, either by hand or machine. Club members worked in groups or in isolation in their own time and then the banner was brought together and sewn into one final piece.

In February, Bronzefield's Chaplain made a return visit with gifts and a thank you card, and the banner stitched by the club was handed over to be presented to its creators.

A collaboration between confined women and women committed to female empowerment has resulted in a piece of work to which all those who have contributed can be proud.

For IWD this year the banner was displayed opposite the original designs inside HMS Bronzefield, having completed its journey from inspiration into a physical reality, individually stitched into a team collaboration between women inside and outside prison.

CAROLINE AUCKLAND AND ANN GREENFIELD, SI TUNBRIDGE WELLS

Remembering Anita Titjen January 14, 1933 to March 08, 2024

ANITA WAS ONE of the longest serving members of East Grinstead Club having joined in 1987. Despite failing health she attended meetings whenever she could and celebrated her 91st birthday with her family in January this year. After recurring visits to East Surrey Hospital, Anita sadly died on March 08.

An outstanding Soroptimist, Anita was President in 1992, the Club's 30th Anniversary year. The highlight of her year was a coach trip to 63 Bayswater Road for a special Presidential dinner. Great fun was had on the journey with much laughter and song!

Together with her husband Michael, Anita ran a successful B&B in their beautiful home in Sharpthorne. She worked for many years as Welfare Officer at Imberhorne School in East Grinstead and also helped with makeup at the local Operatic Society.

Always beautifully dressed with colour-coordinated outfits, Anita set high standards. Ever ready to speak her mind, she would point out regularly that the Executive must always seek

the Club members' approval of any decisions made!

Despite this, Anita had a wonderful sense of humour and fun. Consequently members felt able to approach her for advice on matters of Club business.

Anita will be sadly missed and remembered with great affection. Her famous catchphrases, 'Family come First' and 'Never Say "No" to the President', will be ringing in our ears for years to come.



JANE GRIFFITHS AND ROSEMARY STONE, SI EAST GRINSTEAD

Sustainable Fashion



IN THE SAME week that Soroptimist Global attended the UN Environment Programme on Beyond Fast Fashion and Sustainable Consumption, Whitstable members heard from Helen Howard about Sustainable Fashion.

Clothing production has doubled since 2000. While people bought 60% more clothes in 2014 than 2000, they only kept their clothes for half as long. Helen told us how long it takes for a garment to rot away. It isn't all that you might think. Who knew that viscose is made of wood pulp and only takes six weeks to disappear.

Sustainable clothes will be made to last a long time because they are well constructed, won't lose colour and can be repaired. The employees will have good working conditions without slave or child labour and the supply chain will be short. We should consider whether wood or peat will have been used, what chemicals have been required and how much energy goes into the production. Linen is the most sustainable product especially when it is made from flax grown in Europe.

We should Refuse, Repair, Reuse and Recycle.

JANE WEBB, SI WHITSTABLE

Test your brain to raise funds

SI Bromley recently held a quiz night at Ben Curtis Park, with questions set by Mary Dalman.

The evening raised over £772 pounds and will go into the club charity fund.

With thanks to the residents of Ben Curtis, who attended.

CHRISTINE THOMAS, SI BROMLEY

If you would like copies of the quiz sheets, please contact Christine at christine@thomasm69.plus.com

Dates of the 2024 Saturday Region Meetings

June 22; September 21 (AGM)

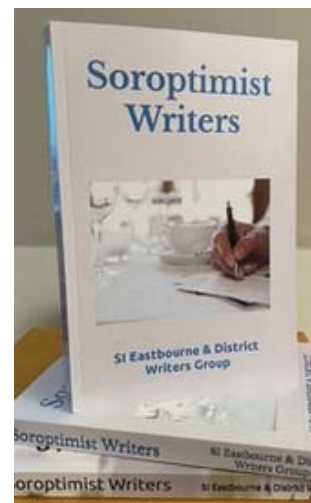
all to be held at the Orida Hotel (formerly the Hilton), Bearsted Rd, Maidstone ME14 5AA

Writers Group publish new book

EASTBOURNE CLUB'S WRITERS Group have recently self-published a collection of short stories they have written over the past couple of years. With nearly 300 pages, the book covers a wide range of themes and copies will be available for purchase at the June Region meeting. Books are being sold to members at a discounted price of £6. Profits from its sale will be given to provide books for children in our local Refuge.

For further information contact me at lynn.chiswick@sky.com

LYNNE CHISWICK, SI EASTBOURNE



Renewed link with Sevenoaks Refuge



SEVENOAKS PRESIDENT PAULINE Payne and PAO Sandie Higgs went to meet the wonderful woman who now runs the Sevenoaks Refuge, where we were given a tour of the house and garden.

We had been able to re-establish a connection with them following a Kent Police Seminar about Violence Against Women and Girls a few months ago, when contact details for the refuge had been given to us. We are so pleased to renew our link and are now planning to raise funds for an outdoor storage unit for the children's toys.

In the meantime we left them with mobile phone charger units, received at the recent Region meeting, knitted teddies and chocolate goodies for the families to share at Easter.

SANDIE HIGGS, PAO, SI SEVENOAKS

Closing Date

for the next edition of SEE News
Wednesday, April 24, 2024

2024 Closing Dates are:

May 24; June 24; July 25; August 25; September 24;
October 25; November 24; December 27.

Email your text and photographs to Patricia at
pat.painting@btinternet.com 020 8668 2681

Supporting the Frailty Ward in local hospital



UNDER THE LEAD of President Lotte Peasgood, for several years, Eastbourne Club members have been supporting the Frailty Ward in Eastbourne District General Hospital.

Beautifully wrapped gifts are presented to the Frailty Ward for both staff and patients at Christmas, Valentine's Day and at Easter to brighten their day.

President Lotte is seen above with Easter eggs ready to be delivered to the Frailty Ward.

LYNNE CHISWICK, SI EASTBOURNE

A magical club meeting



SI SEVENOAKS HAD a magical meeting in March, when Janet Clare, who is now a resident at Rockdale where the club meets, came to give us a demonstration.

Janet was one of the first women to be enrolled into the Magic Circle – a pioneer in her

field. She gave us a wonderful talk, interspersed with tricks that were so clever we were intrigued!

She generously donated her fee to the Sevenoaks Loaves and Fishes Food Bank, and members organised a raffle to boost this.

The sum of £155 was raised, and this will be taken to the food bank along with food items collected (which we donate every meeting) by club member Isobel White.*

SANDIE HIGGS, PAO, SI SEVENOAKS

*See presentation to Isobel on page 03.

A tale of – more than two – sporting cities



WITH THE PARIS OLYMPICS fast approaching, East Grinstead Club members were delighted to welcome Richard Leman OBE as our March speaker.

Richard (seen above with President Jane Griffiths) was born and bred in East Grinstead and was a member of the GB Olympic hockey team that won bronze in Los Angeles in 1984 and gold in Seoul in 1988. Members were able to handle the medals and share in the emotion these clearly evoked in Richard.

In 1984 he was awarded Hockey Player of the Year and in 1986 the England squad won silver at the Hockey World Cup in London. During his playing career Richard earned 228 caps and captained England from 1988 to 1990. From 2005 to 2016, Richard served as a member of British Olympic Association Executive Board. Since 1988 he has been involved in the running of East Grinstead Sports Club, setting up the Sports Club Charity in 2003. Richard's talk was very entertaining, amusing and at times emotional as he described his life during the Olympic years.

This being a 'sporting' evening, one of our members, Janet Doyle (right), who will be running this year's London Marathon, took the opportunity to encourage, or as she put it "bribe", us into sponsoring her in aid of pancreatic cancer, a cause very close to her heart.

Janet had prepared a number of delicious snacks based around three cities with an Olympic connection. Members were treated to hummus and pitta bread, olives, feta cheese and baklava from Greece, madeleines and vanilla brioche from France, and scones with jam and clotted cream and shortbread from Great Britain. Janet had also made some small cakes decorated with the five Olympic rings.

This was a great evening packed full of nostalgia, anticipation and food!

ROSEMARY STONE, SI EAST GRINSTEAD



Upcoming events



SISEE STUDY DAY
Howfield Manor Hotel
 Howfield Lane, Chartham Hatch CT4 7HQ
Saturday, 13 April 2024
 Theme: County Lines
 (trafficking and exploitation of young people carrying drugs for criminal gangs)
 Coffee at 10 for start at 10.30, 2 course buffet lunch at 12.30
£20 payable to Soroptimist International South East England Region
Lloyds Bank PLC ~ Sort Code: 309950 Account No: 75093860
 R.S.V.P. Carol Reed
secretary.sisee@yahoo.co.uk



County Lines

- 10:00 Registration, coffee & biscuits
- 10:30 Alison- welcome and introduction
- 10:35 Cliff Grieve introduces his theme, including "safeguarding" warning
- 10:40 Presentation - Sexual Exploitation (with video "Dangerous Lover Boy")
 Ambassador – survivors in the UK
 Networking – slides from Mongolia
 County Lines – short video
 Labour Exploitation
- 11:00 Comfort break
- 11:35 Table group discussions (3 questions set by Cliff)
- 12:05 Plenary feedback
- 12:25 Vote of thanks
- 12:30 Buffet Lunch



SISEE STUDY DAY in Brighton
 Dorset Gardens Methodist Church, Dorset Gardens, Brighton, BN2 1RL
Saturday, 27 April 2024
 Theme: The Sanctuary Movement
 Coffee at 10.30 for start at 11
£10 (to include light refreshments)
 payable to Soroptimist International South East England Region
Lloyds Bank PLC ~ Sort Code: 309950 Account No: 75093860
 R.S.V.P. by 20 April Carol Reed
secretary.sisee@yahoo.co.uk



The Sanctuary Movement

- 10:30 - 11:00 – Registration, coffee and biscuits
- Session 1**
- 11:00 - 11:05 Alison - Welcome & Introduce the speakers
- 11:05 - 11:20 Ruth - Introduction, quiz and survey
- 11:20 - 11:45 Brighton & Hove Methodist Circuit's Refugee Project
- 11:45 - 12:00 Tea break with home-made cakes and sales stall
- Session 2**
- 12:00 - 12:20 Keynote Speaker: Cathy Maxwell, Network of International Women
- 12:20 - 12:55 **Group Activities**
 Group A: Ruth lead - discussion worksheet 'Speaking from the heart'
 Group B: Sue lead - Origami orange boats
- 12:55 - 13:05 Plenary feedback from each group
- 13:05 - 13:10 Revisit the agree / disagree survey
- 13:15 Alison - closing remarks and vote of thanks

There will be an option for a 2-course lunch (£22.00) at a local restaurant – this and full travel directions will be issued to all those who have a confirmed reserved place.

**SOROPTIMIST INTERNATIONAL
 BROMLEY AND CROYDON**

INTER -CLUB LUNCH

Saturday 18 May 2024, 12:30 for 13:00

**Chelsfield Lakes Golf Centre
 Court Road, Orpington BR6 9BX**

Guest Speaker: Paul Knox Clarke
 □The frontline of climate chage□

Tickets £45

**SOROPTIMIST INTERNATIONAL
 EASTBOURNE & DISTRICT**

**CELEBRATING 70 YEARS OF
 SERVICE 1954-2024**

**President Lotte invites you to our
 70th Anniversary Lunch**

At the Hydro Hotel, Eastbourne

Saturday, 1 June 2024 at 12.30 for 1.00pm