## SI SOUTH LANCASHIRE ROSE BOWL CHALLENGE 2023

## SI CROSBY

## Little Things Make a Big Difference

SI CROSBY



Knit one, purl one ... crochet a chain ... it's the start of a Club project. A simple 6-inch square ... add another 41 (or more) and - wow! - it turns into a patchwork blanket.

SI Crosby's 'lightbulb-moment' lockdown project takes off ... something practical and meaningful for members to do in isolation ... something to boost our own wellbeing. It captures interest. And it's still running.\*\* It's a simple idea with a big impact.

Many people contribute ...

- ★ the squares-makers
- √ the sewer-uppers
- ★ the borderers
- ★ the packers and parcel-posters

Large hand-made blankets, donated through Knit for Peace, bring comfort to older people, to families under stress, to women seeking safety ... keeping them warm, brightening their day. Squares turn into a 'hug' for the recipient. They will never meet those who crafted with such love and compassion. But we who gift our time and skill trust that each square will let someone know they are valued.

Who would have thought that such a small thing - a 6-inch square - could become so much more? A memory-maker for all concerned.

What does a blanket mean to you? For babies, blankets are cosy cocoons. A local initiative reveals that many new mothers are in need of practical support ... so Club's crafting project takes on a new dimension<sup>#</sup>. The gift of a hand-made baby blanket tells each mother that someone cares. It's a small act of kindness, one stitch at a time.

And at times of sorrow? Simple blankets can play a part in end-of-life care - comfort for the patient and a cherished memento for loved-ones. Memories enmeshed, one by one.

All hand-made items may well be passed down - and used - within the family, encouraging reminiscences. Each heirloom? Sustainability in action.

Little things  $\underline{can}$  and  $\underline{do}$  make a big difference. Club members have seen this through linking with these charities and organisations that support people in their time of need.

Crafting - it challenges and regenerates our rusty skills. Crafting is 'service', even in our own tough times. And Soroptimist values are the 'invisible threads' woven into each blanket.

Knit one, purl one ... crochet a chain ...



\*\* Patchwork blankets for Knit for Peace : 51 since October 2020

About - Knit For Peace

# Baby blankets for Sefton Baby Baskets : 10 since June 2022 <u>Sefton Baby Baskets | Facebook</u>

<sup>©</sup> SWAN Initiative, Liverpool University Hospitals: 3 since March 2023 final-end-of-life-and-bereavement-strategy-2022-5.pdf (liverpoolft.nhs.uk)