



SI Southern England Region Meeting

hosted by SI Winchester and District

AWARENESS and EMPOWERMENT

Saturday 28 March 2026 at Petersfield Golf Club, Tankerdale Lane, Liss GU33 7QY



SPEAKERS

SIGBI President Elect Kate Belinis



Kate has been a member of SI Hertford and District since 2015.

She has had 20 years experience in senior management within commercial “test house” environments, coupled with 25 years working in diverse charities. One sector of supporting victims of crime and ex-offenders with substance misuse, limited education, marginalised women, has strengthened her ability to lead diverse teams/initiatives with empathy and purpose.

She is passionate about empowering women and fostering their personal and professional development, and she actively supports women through networking, mentoring, and coaching, helping them realize their potential—an aspect of her work she finds truly fulfilling.

Lifestyle Keynote speaker Dawn Sanders



Dawn Sanders is a respected high-performance wellbeing, lifestyle and transitions coach with over 20 years’ experience supporting Great Britain’s Olympic and Paralympic athletes, elite teams and global organisations. She has led the national athlete transition programme at the UK Sports Institute, works with England Women’s football teams at the Football Association, and consults through her business Win Well with organisations including Google and the ATP tennis tour. A trained executive coach, mental health first aider and former Saracens, Harlequins and England women’s rugby player, Dawn helps individuals and teams thrive in and beyond high-performance environments.

SI Winchester Helen Porter



SI Winchester member Helen Porter is a **SIGBI delegate to CSW70** at the UN in New York in March 2026. Having enjoyed participating in the delegation to CSW67, Helen has chosen to return and gain further insights into the working of UN Women and to learn more about the many NGOs that contribute to raising the status of women, whilst improving the lives of women and girls globally.

Helen is an ambassador for **The Steve Sinnott Foundation (SSF)** and will be travelling to CSW70 with **Ann Beatty** (CEO of SSF and member of SI St Albans). Helen and Ann are passionate about the education of all children and are particularly invested in the education of girls to empower them and broaden their opportunities. They hope to network with others who champion girls' education and raise awareness of the SSF project (Positive Periods and Prevention of GBV) partially funded by **Soroptimist International Foundation**.

Please see following for booking/payment

You are invited to the SI Southern England Region meeting on Saturday 28 March 2026 at Petersfield Golf Club, address as above at 0930 for start at 10am

To book your place - Please email Ellie Hill ellieh8240@hotmail.co.uk to register your attendance, giving name(s), club and email contact along with any dietary requirements.

To pay for your place:

Please pay £15 by bank transfer to include buffet lunch:
A/C name Soroptimist International of Southern England
Sort code 60-11-18
A/C no 80256546

By cheque to Soroptimist International Southern England Region and send to Alison Watson, Treasurer, 3 The Meades, Weybridge KT13 0LS.

Please reference your booking with surname and amount paid. If you are paying for more than one member, please let us know in your registration email, so we can reconcile.

Closing date for bookings Monday 23 March but please ensure your booking is prompt if you can attend as we need to ensure numbers well in advance.

Inspirational PR quotes

“Publicity is absolutely critical. A good PR story is infinitely more effective than a front page ad.” -
[Richard Branson](#)

“There is only one thing in life worse than being talked about, and that is not being talked about.” -
[Oscar Wilde](#)

