

25 November - 10 December 2022

INFORMATION PACK



Join Soroptimist International St Albans & District to

Orange the World

and say NO to violence against women & girls





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PART ONE: WHY YOU SHOULD ORANGE THE WORLD

What is 'Orange the World'?

The International Day for the Elimination of Violence Against Women is marked every year around the world on 25th November, and is followed by 16 days of activism; a campaign to end gender-based violence.

Orange the World is led by the United Nations to mark awareness of the campaign, which ends on Human Rights Day on 10th December.





Buildings and organisations all over the world take part in this campaign every year, by lighting up orange in an act of solidarity for the campaign and as a public call to action. It is an opportunity to raise awareness at a local, national and international level about violence against women and girls.

The pandemic of violence against women is not new. Even before COVID-19 hit us, globally, 243 million women and girls were abused by their intimate partners in the previous year. The COVID-19 pandemic intensified the violence, even as support services faltered and it became harder to get help.

As we mark the annual 16 Days of Activism against Gender-based Violence campaign in 2022, this is your opportunity to join hands with survivors, activists, decision-makers and people from every walk of life, to shine a light on the need for funding, essential services, prevention and data that shapes better-informed responses.

Ending violence against women is everyone's business



What is Soroptimist International?









"I want to make friends and have fun"

"I want to make life better for women and girls" "We enable girls to reach their full potential"





"I want to contribute to my local community"





Ask Me Why I'm A Soroptimist

Soroptimist International (SI) is a world-wide women's service organisation. We work together to transform the lives of women and girls through a network of around 72,000 club members in 121 countries working at a local, national and international level to educate, empower and enable opportunities for women and girls. Soroptimist International St Albans and District is your local club and we are leading this year's Orange the World campaign in your area. We have been serving the local community for over 60 years.

SI has consultative status at the United Nations, and works in line with the UN's Strategic Development Goals (SDGs). Individual Soroptimist clubs carry out activities in their local areas in recognition of SDG5 - Achieve gender equality and empower all women and girls - through project action, fundraising and club events to raise awareness.

Contact sistalbans@hotmail.com to find out more about joining us and becoming part of our community.

Join today www.sigbi.org

Our **Vision**

Women and girls will achieve their individual and collective potential, realise aspirations and have an equal voice in creating strong, peaceful communities worldwide.

Our Mission

Soroptimists transform the lives and status of women and girls through education, empowerment and enabling opportunities.

Visit our website to find out more and keep up to date with the campaign here: www.sigbi.org/st-albans/orange21





Gender-based violence in Hertfordshire

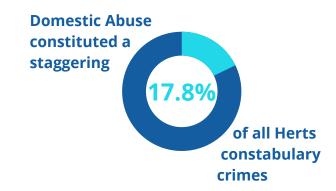
Violence against women and girls includes a variety of experiences such as domestic abuse, harassment and homicide. Home Office statistics show that women are disproportionately impacted by sex crimes and are more likely to be victims of stalking and harassment than men. Evidence also shows that violence is a common cause of homelessness amongst women and that a high proportion of women who are homeless have experienced violence.

An analysis of figures from Hertfordshire Constabulary reveals the risks that women face in Hertfordshire are no different to those nationally. In the 2020-2021 Annual review by Hertfordshire Domestic Abuse Helpline, they report that in the year ended 31st March 2021 there were:

21,714 reported cases of domestic abuse in

Hertfordshire

increase from the previous vear





of calls continue to be from female victimsurvivors with 5% being from male victims-survivors and 26% from professionals seeking advice



the previous year



11 women and girls were killed in Hertfordshire due to gender violence between April 2016 and March 2019.

On average over women report a rape in Hertfordshire in a year



PART TWO: HOW TO ORANGE THE WORLD

How do I 'orange' my building?

If you are used to lighting up your building or landmark, then you can simply light up your building with a bright orange filter.

It can be any shade of orange, but the brighter and bolder the better!

There are various ways that you can light up orange, whether it is covering your existing lights with orange filters or gels, or it may be as simple as setting a timer on your in-built lighting system.

Companies such as <u>Stage Depot</u> and <u>White Light Ltd</u> can provide you with information regarding installation and costs of filter/gels. Local Hertfordshire companies may also be able to help.

If you are unable to cover the costs, perhaps you could ask a local business to sponsor the light up, and you could thank them publicly via your local press or social media. Or perhaps you could look at joining with someone else. You'd be surprised by how many places and different types of venues would be willing to get involved.

We understand that sometimes lights can be physically hard to get to and there might be maintenance costs involved aside from the cost of the filters/gels. If you are not able to light up your building, on page 5 we have lots of alternative ideas for getting involved.

Please note, Soroptimist International St Albans & District do not have any funding available to support organisations with their campaign.











What else can I do to 'Orange the World'?

If you do not have the facility to light up your building, there are many other creative ways to get involved to Orange the World! Take inspiration from the ideas below and from previous campaigns shown here from around the world:

- decorate your building with orange bunting
- put up some orange balloons
- wear orange clothing, such as an orange tie, scarf or hat
- create an Orange the World sign and encourage your team to stand by it and share on social media
- get together to create some orange artwork to display in the workplace
- use an orange umbrella
- freshen up your workplace with some orange flowers
- tie orange ribbons around the shop floor
- if you work on computers, encourage your employees to change their desktop image to something orange

These are just a few ideas to get you started. Whatever you choose to do, please keep us updated. We would love to hear about what you are doing.





Can I fundraise or make a donation?

Orange the World is primarily an awareness raising campaign. However, if you would like to make a donation or hold a fundraiser as part of your campaign, we would definitely encourage it.

Soroptimist International St Albans & District will be fundraising for the following organisations during Orange the World and we welcome any donations towards these worthy causes during the campaign:





Soroptimist International St Albans & District can take donations via PayPal HERE which will be split evenly between the two charities- please include the reference OTW when you make a donation. Alternatively, each charity can accept donations directly via the links below:

Donate to
Herts Domestic Abuse Helpline **here**

Donate to St. Albans & Hertsmere Women's Refuge **here**



You may instead decide to fundraise for a charity your choice that is taking action to end gender-based violence.

This is a Soroptimist international St Albans and District initiative and we are hoping to get a lot of publicity. So whatever you do, please keep us informed of any brilliant fundraising so that we can measure the impact of the campaign by emailing sistalbans@hotmail.com

Please also post it on social media as covered on page 7.



Ideas for promoting your campaign

Firstly, thank you for taking part in **Orange the World** and for helping us to raise awareness of Gender-based violence and domestic abuse in your community. The next step is to promote what you are doing far and wide, so that we can spread awareness of the campaign even further and reach as many people as possible! Below you can find some ideas on how you can promote your campaign:



- Promote your campaign using the downloadable images, logos and data on the UN Women website here
- Hold a launch event on 25 November to 'turn on the lights' to Orange your building
- Put up a **poster** around your building
- Hold a fundraiser during the #16daysofactivism to increase engagement and support local services in your community Take photos of your campaign action and post them on your website and on your organisation's social media
- Ask your staff to film a short video talking about why you
 are getting involved in the campaign and what it means to
 you to end gender-based violence in your local community
- Send an email to your mailing list asking them to support your campaign
- Write to your local MP to campaign for change and sign petitions pushing for change. Women's Aid have some great templates for current campaigns <u>here</u>
- Write a 'Letter to the editor' of your local newspaper
- If you are holding an event or lighting up your building,
 write to your local newspaper to see if they can cover the story and tag them in your social media posts



No matter what you do, **please keep us updated** on any promotion you do or coverage you get as part of your campaign by emailing **sistalbans@hotmail.com** with your news and photos.

If you are posting on social media please follow our page and tag us in any posts @sistalbans and use the local hashtag #orangetheworldHERTS

Please also use the global campaign hashtags:

#orangetheworld #16daysofactivism





Employee Resources

Below are two employee resources to support your organisation in understanding Domestic Abuse how to support victims in the workplace:





Employers' initiative on domestic abuse Toolkit for employers

This is a **free downloadable** resource to help your organisation, whether private business, public sector or charity, large or small, to support your employees and contribute to tackling domestic abuse. It offers guidance on steps to take and measures to implement to respond appropriately when an employee discloses abuse. It sets out steps that are easy to follow and helps you choose the best free resources for you and your team. It also signposts to external organisations that offer advice and support to employers and employees.

www.eida.org.uk/toolkit-for-employers

Acas

Support in the workplace for victims of domestic abuse

Acas is an independent public body that receives funding from the government, providing free and impartial advice to employers, employees and their representatives.

They have an excellent webpage with signposting for support in the workplace for victims of domestic abuse, which can be found here:

www.acas.org.uk/support-in-the-workplace-for-victimsof-domestic-abuse-acas-response







Information & support services

More information on Gender-based violence:

Imkaan: UK-based organisation dedicated to addressing violence against Black and minoritised women and girls Imkaan.org.uk

Soroptimist International: Gender Based Violence statement soroptimistinternational.org/members-area/si-statements

UN Women: 'Ending violence against women' unwomen.org/en/what-we-do/ending-violence-against-women

White Ribbon: White Ribbon UK is the leading charity engaging with men and boys to end violence against women whiteribbon.org.uk

Women's Aid: National charity working to eliminate domestic abuse womensaid.org.uk



Citizens Advice Hertfordshire (free, confidential, impartial advice)

Telephone: 0800 144 8848

hcas.org.uk

Herts Domestic Abuse Helpline (specialist domestic abuse helpline):

Telephone 08 088 088 088

hertsdomesticabusehelpline.org

My Ally (support services and groups for women affected by domestic abuse): Telephone 01923 927 500

wwcplus.org.uk/MyAlly

Organisations that can signpost you to the right support service in Hertfordshire:

Herts Sunflower network: Service directory

hertssunflower.org

Herts Help: A network of community organisations in Hertfordshire

hertshelp.net





