

Bed Socks

Materials: 100g ball Chunky or 2x50g balls double knitting. Size 6mm needles

Cast on 30 stitches in chunky or using 2 strands of double knitting wool. Work 75 rows in plain knitting (garter stitch)



Now you need to sew from the toe end right down the length of the bed-sock and flatten it out so that the seam sits centrally – this will run under the sole of the foot. *Please make sure the seam is flat so it doesn't form a hard ridge along the bottom of the person's foot.*

Fold over the top to make the sock sit snugly and it is ready to wear.

Shape the toe end:

- ROW 1** Knit 30
- ROW 2** (K2tog, K2) 7 times K2tog
- ROW 3** Knit 22
- ROW 4** K1 (K2tog, K1, K2tog) 4 times, K1
- ROW 5** Knit 14
- ROW 6** K1 (K2tog, K1) 4 times, K1
- ROW 7** Knit 10

Cut the wool about a metre from the pins and thread onto a large sewing needle. Run the wool through the loops left on the needle, slide them off and draw up tight to close the toe end.



Once you slip them off you will find that they have moulded themselves into quite a presentable sock shape. Each sock only takes about an hour to knit.