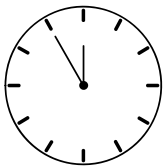


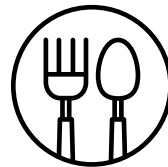


Baked Eggs



Prep: 5 mins

Cook 8 minutes



4



Welcome to The Lily Project:

A dish that looks like a pizza!!



Ingredients :

- 300g potatoes, and cut into chunks.
- Half a tin of spinach
- 200g cheese, crumbled.
- 400ml passata
- salt and ground black pepper.
- 4 eggs
- 1tsp paprika

Jobs for little hands:

Find a teaspoon

Choose some green veggies

Do a happy dance

Help tidy up

Directions :

1. Preheat the oven to 200°C.
2. Place the cooked potatoes at the bottom of an ovenproof dish. Scatter over the spinach then add the passata. Season with the salt and pepper.
3. Make four evenly spaced wells in the dish and crack an egg into each well and dot over the cheese
4. Bake for 15-20 minutes, until the eggs are cooked. Serve warm with green veggies of your choice and/or slices of brown whole-wheat bread.