

# SIWS Club PA Report to Regional Meeting

Club	Club PAOPaula Brooke's
SI Cardiff & District	
DATE OF SIWS MEETING 3 December 2016	
Date report sent to Regional PAO & Regional Secretary. 02 12 16	

Please give a brief report on activities within your club on the following categories (boxes will expand as you key in your report). You will have 5 minutes at the Regional meeting to give a verbal report on ONE item.

## Educate

SI Cardiff & District Education Trust The club continues to support the charity and negotiations to withdraw from the charity are almost complete.

#### Friends & Neighbours

Members continue to support a group leader with English speaking classes to mainly ethnic individuals on a weekly basis. Improving their English makes them more confident and able to communicate within the community.

#### Enable & Empowe

## CADWYN Housing Realise your potential scheme - Sisters Can DO

A group of members have assisted the training by assisting service users to build confidence and to begin the process of meeting the individuals potential , identifying their aims and objectives, and developing plans to meet their individual goals. E.g find employment, become a volunteer, to take part in community life. This also involves helping them to write a CV, fill out job applications, how to dress for an interview and expose them to mock interviews. 2 club members have undertaken The STEPS training course and this will enable them to take a fuller part in Realise Your Potential as trainers. Members are also working with the furniture renovation scheme Nu Life and are learning skills to be able to help clients of CADWYN to refurb donated furniture which they can then use to furnish their homes.

# BAWSO

The club continues to support BAWSO with donations of dried and tinned provisions in order that their service users can have good nutritious food. Donations of blankets and clothing along with wash bags have also been made. It should be noted that a service user from CADWYN's Realise your Potential makes the spongebags for us to fill using a sewing machine on loan from SICardiff and District. Members have also attended seminars and study days organised by BAWSO and their Anti Human Trafficking/ Slavery partners.

## Barnardos

Christmas Gift Vouchers will be presented to young mothers in residence at their supported accommodation in Canton which will enable the mothers to purchase either for themselves or for their children in order that a little extra can be organised for the Christmas peri

## Juvenile Diabetic Foundation

A concert was held in May to raise funds for this Charity. Cowbridge Male Voice Choir entertained us and over £1,000 was raised.

## **Twinning Toilets**

Funds have been raised for 2 toilet blocks.

## PCF

Ring pulls are collected from far and wide to support this charity. Members collect, friends and family collect, and families of the girls in Cape Verde collect ring pulls for this charity to transform them into jewellery and bags.

## Inspire Malta

A taste of Malta Brunch was held to raise funds for Inspire of Malta. At this lunch the winner of How Many Ring Pulls In The Bag was announced! The ring pulls collected in Cape Verde had been counted and guessers were charged £1 per go The monies raised was added to the Brunch money. An amazing achievement! We raised money for a charity in Malta involving the PCF, Cape Verde demonstrating how different agencies can work together to make a difference.

#### Federation & Regional Project

#### Anti Human Trafficking

The club continues to support the Regional Project and distributed information about AHT to several organisations through the service particularly of our secretary Dr Joan Williams who works tirelessly to raise awareness of AHT. We have lobbied for improvements in the Modern Slavery Bill at every opportunity and will continue to do so. Members continue to attend seminars lectures and study days organised by the All Wales AHT group, led by Stephen Chapman

SI Cardiff & District continues to liaise with NFU Wales raising awareness of AHT

#### **International President's December Appeal**

A donation will be made with funds raised from the upcycling table

Work with Partners and Government

BAWSO

CADWYN

Welsh Assembly

NFU