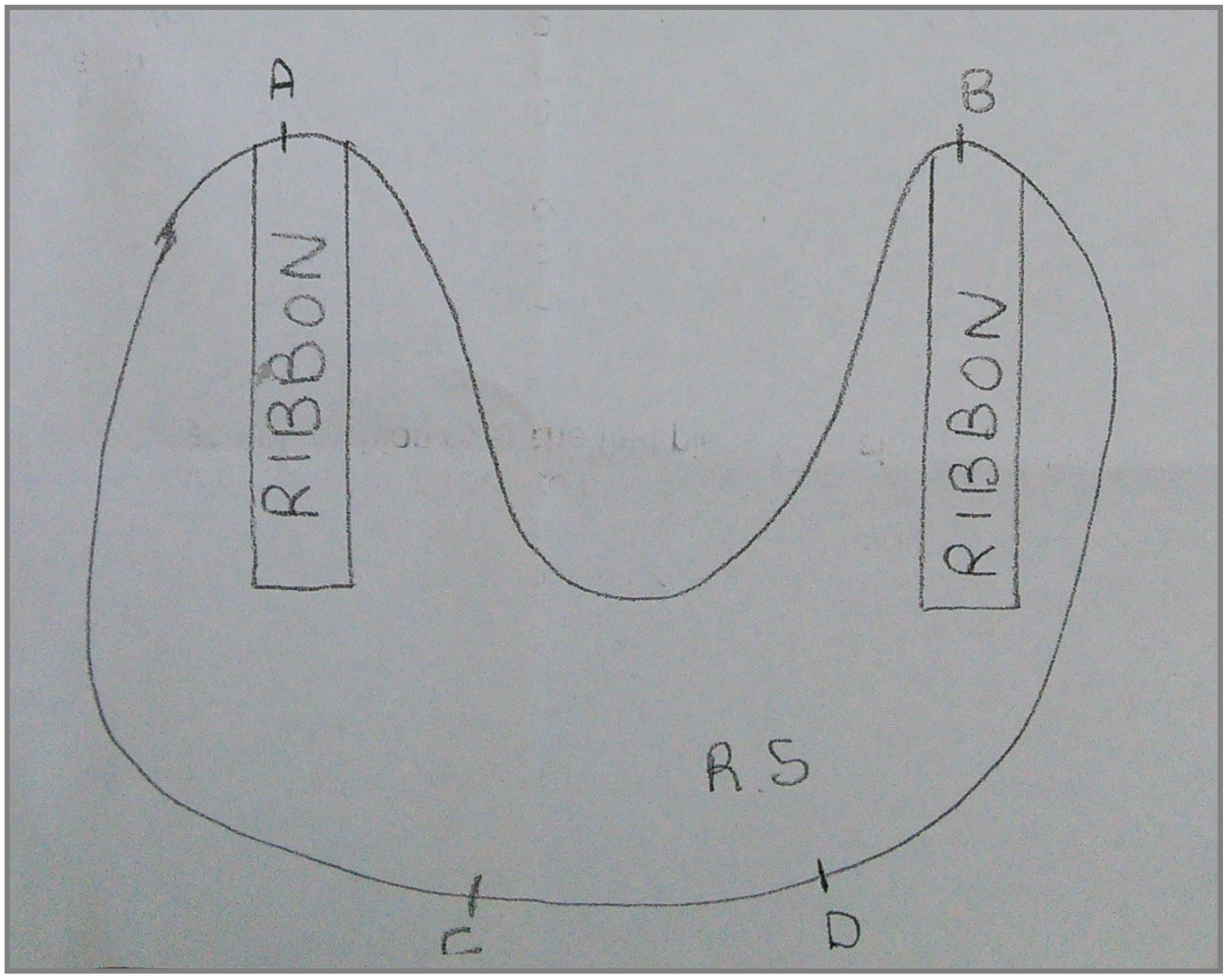
Instructions for making Breast Cancer Comfort Cushions.

- For each cushion you need 2 pieces of pre-cut ribbon - 56cms/22inches long
- See diagram below referring to places A B C and D
- On the right side of one cushion piece attach a length of ribbon to place A and the second piece to place B
- Place the second cushion piece over the first piece (containing the ribbons) right side (RS) together
- Pin together.
- Seam allowance is 0.25cms
- Machine around the edge starting at point C and finishing at point D
- The gap between points C and D is used for filling the cushion.
- Turn cushion inside out and press
- Fill the cushion with hypoallergenic stuffing and hand stitch the gap between C and D



1. Cut round outline of A and B.
2. Place A and B together edge to edge at : Selotape together to hold in place.
3. To cut out cushion pieces, place template on fold of fabric as marked.
4. Repeat step 3, to give back and front of cushion.

